

TARA BAGEN SONNANSTINE, M.D.

EDUCATION

Ross University School of Medicine **Portsmouth, Dominica**
Doctor of Medicine **March 2013**
Medical Fraternity: Phi Delta Epsilon

University of Florida **Gainesville, FL**
Bachelor of Arts in History, Minor in Spanish **May 2006**
Honors: Phi Eta Sigma, Golden Key, Phi Alpha Theta

INTERNSHIP AND RESIDENCY

Louisiana State University Health Science Center **Shreveport, LA**
Family Medicine Resident **July 2013 – June 2016**
The Health Science Center is a 436-bed multi-disciplinary hospital with a Level I Trauma Center. Supervising and teaching medical students and interns in clinic and on wards.

FELLOWSHIP

Baton Rouge General **Baton Rouge, LA**
Sports Medicine Fellowship **August 2016-July 2017**
Providing healthcare and event coverage for LSU and Southern University collegiate athletes

CASE PRESENTATIONS AND WORKSHOPS

Splinting and Casting Workshop **April 2015 & April 2016**
"Incidental Liposclerosing Myxofibroma" **October 2015**
"Bennett's Fracture Subluxation in a College Linebacker" **May 2017**

PROFESSIONAL MEMBERSHIPS

Certificate of Additional Qualification in Sports Medicine 2017
Board Certified Family Physician 2016
American Academy of Family Physicians, member since 2012
American Medical Society for Sports Medicine, member since 2015

WORK AND VOLUNTEER EXPERIENCE

Florida Orthopaedic Institute **Tampa, FL**
Primary Care Sports Medicine Physician **February 2020-Present**

MedExpress **Tampa, FL**
Urgent Care Physician **May 2019-December 2019**

CareNow **Dallas-Ft. Worth, TX**
Urgent Care Physician **November 2017-May 2019**

Diamond Physicians **Dallas, TX**
Concierge Medicine Physician **August 2017-August 2018**

Southern Methodist University **Dallas, TX**
Sports Medicine Physician **August 2017- May 2019**

Gainesville Family Physicians **Gainesville, FL**
Medical Assistant **August 2006 – December 2008**

Shands Orthopedic and Sports Medicine Institute **Gainesville, FL**
Hand Surgery Clinic Volunteer **August 2005 – May 2006**