

## **CURRICULUM VITAE**

**STEVEN C. MIRABELLO, M.D.**

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***Florida Sports Orthopaedic & Spine Medicine*** 3890 Tampa Road, Suite 202  
Palm Harbor, Florida 34684  
(727) 787-5577 Fax: (727) 781-7757

5243 Hanff Lane  
New Port Richey, Florida 3652  
(727) 848-4249 Fax: (727) 841-8934

## **EDUCATION:**

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<b>College/University:</b>	<b><i>B.S., Pre-Medical Science</i></b> , Columbia University New York, New York - 1981
<b>Medical School:</b>	<b><i>M.D.</i></b> , Harvard University School of Medicine Cambridge, Massachusetts - 1985
<b>Internship:</b>	<b><i>General Surgery</i></b> , Santa Barbara Hospital (UCLA) Santa Barbara, California - 1986
<b>Residency:</b>	<b><i>Orthopaedic Residency</i></b> , Hospital for Joint Diseases/Orthopaedic Institute New York, New York - 1986-1990
<b>Fellowship:</b>	<b><i>Sports Medicine Fellowship</i></b> , Alabama Sports Medicine & Orthopaedic Center; Birmingham, Alabama, Instructors: James R. Andrews, M.D. and William G. Clancy, Jr., M.D.

## **BOARD CERTIFICATION:**

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***Orthopaedic Surgery***, American Board of Orthopaedic Surgery,  
1993  
***Fellow***, American Academy of Orthopaedic Surgeons, 1995  
***Fellow***, American College of Surgeons 1996

## **LICENSURE:**

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***Medical License***,  
State of Florida, #ME - 0059677

#### **HONORS:**

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Magna Cum Laude, 1981  
Phi Beta Kappa  
Phi Lambda Epsilon (Honorary Chemical Society)  
Macy's Scholarship for Scientific Research

#### **ACADEMIC APPOINTMENTS:**

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**Chief Resident**, Hospital for Joint Diseases and Orthopaedic Institute

**Clinical Instructor**, George Washington University, Physician Assistant Program Orthopaedic fellowship, 1999 - Present

**Clinical Instructor**, university of South Florida/Morton Plant Mease Family Practice residency program, 2003 – Present

#### **HOSPITAL AFFILIATIONS:**

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**Mease Countryside Hospital**, Safety Harbor Florida

**Mease Dunedin Hospital**, Dunedin, Florida

**Community Hospital of New Port Richey**,  
New Port Richey, Florida

**Mease Ambulatory Surgery Center**, Safety Harbor, Florida

**Countryside Surgery Center**, Safety Harbor, Florida

**New Port Richey Surgery Center**, New Port Richey,  
Florida

**Meadow Lane Surgery Center**, New Port Richey,  
Florida

#### **PUBLICATIONS:**

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Mirabello, S., Rosenthal! D., Smith R.J., Correlation of Clinical and Radiographic Findings in Keinbock's Disease. ***The Journal of Hand Surgery***, Vol. 12A (1049-56), 1987

Mirabello, S., Zuckerman J., The Painful Shoulder: Etiology and treatment, Part I. Accepted as the lead Article in ***Hospital Physician***, 1987

## **PUBLICATIONS CONT:**

Mirabello, S., Zuckerman J., The Painful Shoulder: Etiology and treatment, Part II. Accepted as the lead Article in *Hospital Physician*, 1987

Monthly Abstracts for "A Review of the Literature",  
Mediguide to Orthopaedics. 1987 – 1989

"The Hand: Field Evaluation and treatment", *Clinics in Sports Medicine*, January 1992.

"The Wrist: Field Evaluation and Treatment", *Clinics in Sports Medicine*, January 1992.

## **VIDEOS:**

Mirabello, S., Andrews J., "Examination of the Throwing Elbow".

Mirabello, S., Andrews J., "Pathomechanics of the Throwing Shoulder".

Scarpinato, D., Mirabello, S., Andrews J., "Treatment of Ulnar Collateral ligament Injuries".

## **PRESENTATIONS:**

- Examination of the Throwing Elbow, 1991 Injuries in Baseball, January 25-27, 1991
- Examination of the Throwing Elbow and Ulnar Collateral Ligament injuries. Physician Assistant Conference: Tennessee, May 1992.
- Examination of the Throwing Shoulder. Sports Medicine meeting: Tampa, Florida, March 1992.
- Orthopaedic rehabilitation, West Palm Beach, Florida, January 1993.
- Ulnar Collateral Ligament Injuries, Sports Medicine Meeting, Tampa, Florida, March 1993.
- Ulnar Collateral Ligament Injuries, Sports Medicine Meeting, Tampa, Florida, March 1994.
- Scapulothoracic Injuries in the Throwing Shoulder, baseball Course: Birmingham, Alabama, January 1995.
- Throwing – Conditions/Diagnostic Tools, National Athletic Symposium: Orlando, Florida, June 14, 1996.
- Clinical Instructor, Shoulder, and Elbow Cadaver Arthroscopy Course: Amsterdam, the Netherlands, December 1997.

Arthroscopy RTC Repair  
Shoulder Instability in the Throwing Athlete  
Arthroscopy of the Elbow  
UCL Repair

- Mexican Orthopaedic Society's meeting on Surgery of the Shoulder and Elbow. Villahermosa, Mexico, October 22 - 24 1998.

Arthroscopy RTC Repair  
Shoulder Pathology and Arthroscopy

**PUBLICATIONS CONT:**

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- Yearly Lecture to the Pasco County coaches on shoulder injuries and sports medicine.
- Shoulder Arthroscopy Cadaver Clinic Instructor at Mytecs Shoulder Course, Salt Lake City, Utah, November 1990 and 2000.
- Ablation using Oratec Radiofrequency Probes, Arthroscopy Association of North America, Shoulder Lecture: San Diego, California, November 1999
- PBATS Diagnostic Imaging in the Throwing Shoulder, Orlando Florida, 2000
- Use OF THE Holmium laser in Orthopaedics, West Palm Beach, Florida 2000
- Cadaver Dissection and Physical Exam of the Elbow, Injuries in Baseball, Sponsored by the American Sports Medicine Institute, St. Petersburg, Florida January 27 – 29 2000.
- Shoulder Arthroscopy Cadaver Clinical Instructor, Birmingham, Alabama, May 2001
- Bankart Repair and Labral Repair, Faculty Lecture Arthroscopy Symposium, Mitek, August 2003.
- Arthroscopy Bankart & Rotator Cuff repair Utilizing Knotless Techniques, Presenter, Smith & Nephew, November 2003.

**PROFESSIONAL ASSOCIATIONS:**

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- American Board of Orthopaedic Surgery
- American Medical Association
- American Orthopaedic Society for Sports Medicine
- Arthroscopy Association of North America
- Athletic Trainers Association of Florida
- Board of Pasco-Hernando Community College
- Florida Medical Association
- Fellow, American Academy of Orthopaedic Surgeons
- Associate member, Society of Physicians of Professional baseball
- Team Physician for:
  - Pasco-Hernando Community College
  - Gulf High School
  - River Ridge High School
  - Ridgewood High School
  - Springstead High School
  - Land O' Lakes High School
  - Mitchell High School
- Team Physician, Dunedin Blue Jays
- Orthopaedic Consultant, Toronto Blue Jays
- Orthopaedic Consultant, Philadelphia Phillies