

# Tara Sonnanstine, M.D.

**Tara Sonnanstine, M.D.** Florida  
**Orthopaedic Institute** 13020  
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## **Educational Background**

**University**  
University of Florida  
Gainesville, FL  
2006

## **Medical School**

Ross University School of Medicine  
Portsmouth, Dominica  
2013

## **Residency**

Louisiana State University Health  
Science Center  
Shreveport, LA  
2016

## **Fellowship**

Sports Medicine  
Baton Rouge General  
Baton Rouge, LA  
2017

## **Work and Volunteer Experience**

- Florida Orthopaedic Institute, Primary Care Sports Medicine Physician, 2019-Present
- MedExpress, Tampa FL, Urgent Care Physician, 2019-2020
- CareNow, Dallas/Ft. Worth, TX, Urgent Care Physician, 2017-2019
- Diamond Physicians, Dallas, TX, Concierge Medicine Physician, 2017-2018
- Southern Methodist University, Dallas, TX, Sports Medicine Physician, 2017-2019
- Gainesville Family Physicians, Gainesville, FL, Medical Assistant, 2006-2008
- Shands Orthopedic and Sports Medicine Institute, Gainesville, FL, Hand Surgery Clinic Volunteer, 2005-2006

## **Professional Memberships**

- Certificate of Additional Qualification in Sports Medicine, 2017
- Board Certified Family Physician, 2016
- American Academy of Family Physicians, since 2012
- American Medical Society for Sports Medicine, since 2015

## **Case Presentations**

- Aesthetic Botulinum Toxin A Injection Workshop, June 2014 & June 2015
- Splinting and Casting Workshop, April 2015 & April 2016
- "Incidental Liposclerosing Myxofibroma", October 2015
- "Bennett's Fracture Subluxation in a College Linebacker", May 2017

## **References**

- Luke M. Baudoin, M.D.
  - Family Medicine Residency Program Director LSU Shreveport, LA
    - [Lbaud1@lsuhsc.edu](mailto:Lbaud1@lsuhsc.edu)
    - (318) 675-6361
- Vincent Shaw, M.D.
  - Sports Medicine Program Director BRG, Baton Rouge, LA
    - [Vincent.shaw@brgeneral.org](mailto:Vincent.shaw@brgeneral.org)
    - (225) 387-7707