

Youstina I. Bolos, D.P.M.

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Florida Orthopaedic Institute

13020 Telecom Parkway N.
Tampa, FL 33637
(813) 978-9700

Educational Background

University

University of South Florida
Bachelor of Biomedical Sciences
Minor in Public Health
Minor in Biomedical Physics
Tampa, FL
2009

Medical School

Barry University School of Podiatric
Medicine
Doctor of Podiatric Medicine
Miami Shores, FL
2016

Residency

James A Haley Tampa Veterans Hospital
Tampa, FL
Fall 2016 – Spring 2019

Board Certifications

- American Board of Podiatric Medicine (ABPM)
 - 2019
- American College of Podiatric Medicine (ACPM)
 - 2019

Research

- James A. Haley Tampa Veterans Hospital Effect of adding Rifampin to IV antibiotic treatment therapy in relation to limb salvage
 - James A. Haley Tampa Veterans Hospital; Fall 2018 – January 2021
- Infection and relevant complications associated with external fixation of the foot and ankle: a retrospective study
 - Barry University School of Podiatric Medicine; Fall 2014 – Spring 2016
- Percutaneous Achilles tendon lengthening vs. gastrocnemius lengthening: risk to sural nerve
 - Barry University School of Podiatric Medicine; Summer 2013 – Spring 2016
- The effect of Albuterol on Asthmatic FEV and FVC
 - Barry University School of Podiatric Medicine; Summer 2013
- Honors Thesis: Obesity and the Incidence of Cancer
 - University of South Florida; August 2008 – May 2009
 - Published

Volunteer Experience

- Providing Podiatric care at the St. Luke clinic for the uninsured and underprivileged
 - 2019 – Present
- High school level Sunday school servant at St. George Coptic Orthodox Church
 - 2018
- Member of Junior League of Tampa
 - 2018
- Fourth Grade Tutor at Gratigny Elementary School
 - 2014
- Hope Foot Clinic Miami Beach
 - 2013
- Committee Member- Florida Hymns Camp Daytona Beach
 - 2006 - 2009
- Committee Member- Southern United States Kids Camp
 - 2006 - 2009

Employment History

- James A. Haley attending in the Podiatry department
 - 2019 – January 2021
- Princeton review instructor of organic Chemistry for MCAT and GRE
 - 2006 – 2011