

# 10 QUESTIONS TO ASK YOUR DOCTOR ABOUT BICEP TENDON TEARS

1. Can a torn bicep tendon heal without surgery?
2. What type of surgical procedure will I need?
3. Is bicep tendon surgery outpatient?
4. How long do you wear a sling after bicep tendon surgery?
5. Will I need rehab?
6. When will rehab start?
7. How long will rehab last?
8. How long will it take before my shoulder heals?
9. When will I be able to do easier daily activities, not using my affected arm?
10. How soon can you drive after bicep tendon surgery?



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