

Our Physicians



FLORIDA
ORTHOPAEDIC
INSTITUTE®

Keeping you active.

Welcome

Our patients are the focus of all we do at Florida Orthopaedic Institute and our goal is to keep you active. We achieve this by providing you with the best orthopedic solutions for virtually every bone, joint, ligament and muscle in the body.

We are different from other orthopedic groups because our team of highly skilled, board certified physicians and surgeons has advanced training, which allows the highest standard of care. Our surgeons are also fellowship trained, which requires an additional year of study in the orthopedic subspecialties of hand, spine, joint replacement, shoulder and elbow, sports medicine, foot and ankle, and trauma. This expertise is invaluable for proper diagnosis and treatment, providing a level of care unattainable elsewhere in the Tampa Bay Area.

Our philosophy is to first try all appropriate nonsurgical methods to increase mobility and function. This may include medication, bracing, injections, physical and/or occupational therapy, or chiropractic services, all of which we provide. Then, and only then, do we suggest surgery.

We are also proud of our strong partnership with USF Health Morsani College of Medicine. In addition to my role as President and Chief Medical Officer of Florida Orthopaedic Institute, I also chair USF's Department of Orthopaedic Surgery. Together, we can capitalize on our combined strengths and advance academic orthopedics. This combination assures our patients the finest orthopedic treatment and brings a substantial benefit to our community, patients, residents, students and faculty.

As one of Florida's largest orthopedic groups, our mission is simple: to provide excellence in clinical outcomes and an exceptional patient experience, while in an environment that fosters growth through teaching, education and research in all aspects of musculoskeletal medicine.

Please let us know if there is anything we can do to further improve your experience. We look forward to serving you!

Sincerely,
Roy Sanders, M.D.
President and Chief Medical Officer

Hospital Affiliations

Tampa General Hospital

AdventHealth:

- Carrollwood
- North Pinellas
- Tampa
- Wesley Chapel

BayCare:

- Mease Countryside
- Mease Dunedin
- St Joseph's
- St Joseph's North
- St Joseph's South

HCA:

- Brandon Regional
- Medical Center of Trinity
- Memorial
- South Bay

Guide to Terms:

FELLOWSHIP TRAINED

A fellowship is additional medical training in a specific field of orthopedic surgery that physicians undertake after completing their residency. After completing a fellowship in a subspecialty such as hip, spine or knee, the physician is considered an expert in performing these procedures.

BOARD CERTIFIED

Board certification demonstrates a physician's exceptional expertise in a particular specialty and/or subspecialty of medical practice. In addition to completing years of schooling, fulfilling residency requirements and passing state exams required to practice medicine, a board certified specialist participates in an ongoing process of continuing education to keep current with the latest advances in medical science and technology in their specialty as well as best practices in patient safety, quality healthcare and creating a responsive patient-focused environment.

BOARD ELIGIBLE

Physicians are board eligible when they have completed the requirements for admission to a medical specialty board examination but have not yet taken the examination.

Florida Orthopaedic Institute complies with applicable Federal civil rights laws and is committed to ensuring that persons with disabilities, including persons who have hearing, vision, or speech disabilities, as well as persons of Limited English Proficiency (LEP), have an equal opportunity to participate in any of our services.

Our Physicians



Reza Alavi, M.D.

Primary Care Sports Medicine

Dr. Alavi is board certified by the American Board of Internal Medicine and earned a Sports Medicine Certificate of Added Qualification in primary care sports medicine. After completing his medical degree in Iran, he practiced for ten years as a board certified orthopedic surgeon. Dr. Alavi moved to New Jersey to continue a residency in internal medicine before getting his sports medicine fellowship in St. Petersburg, Florida. His primary interests include non-operative and ultrasound guided procedures.



Tara K. Bagen M.D.

Primary Care Sports Medicine

Dr. Bagen is board certified by the American Board of Family Medicine. She earned a certificate of added qualification in sports medicine, furthering her expertise. She did her fellowship training in Baton Rouge, Louisiana, where she worked with LSU and Southern University student-athletes in all sports. She was also a team physician for Southern Methodist University in Dallas, Texas. She also has experience in a wide spectrum of fields including urgent care and concierge medicine.



Christopher E. Baker, M.D.

Sports Medicine, Shoulder and Elbow

Dr. Baker is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in sports medicine and shoulder reconstruction surgery. With a focus on patient education, he works with patients to ensure they fully understand their orthopedic options and outcomes. His additional training in ultrasound imaging allows him to care and diagnose his patients who have MRI contraindications due to pacemakers, foreign metal in their bodies or severe claustrophobia.



Thomas L. Bernasek, M.D.

Hip and Knee

Dr. Bernasek is board certified and fellowship trained by the American Board of Orthopaedic Surgery and specializes in joint replacement and minimally invasive hip surgery. Dr. Bernasek has treated patients in the Tampa Bay area for over 25 years and is a founding member of Florida Orthopaedic Institute. He is national and internationally known as an expert in joint replacement with vast experience in total hip and knee replacement.



Faisal A. Chaudhry M.D.

Interventional Pain Management

Dr. Chaudhry is double board certified by the American Board of Anesthesiology with a subspecialty in Pain Medicine. He specializes in providing comprehensive pain management for a variety of pain conditions. Dr. Chaudhry takes a particular interest in neuromodulation for advanced pain conditions. Over the last decade, Dr. Chaudhry has given numerous lectures and presentations on complex regional pain, pain management in the elderly, pain management in patients with cancer and inpatient pain assessments.



Michael C. Doarn, M.D.

Hand and Wrist, Upper Extremity

Dr. Doarn is board certified by the American Board of Orthopaedic Surgery and has earned the Certificate of Added Qualification of Hand Surgery. He received his medical degree from the University of Cincinnati. He completed his residency in Orthopaedic Surgery at the University of South Florida serving as chief resident and honored with a distinguished resident award. He cares for all conditions of the upper extremity and his special interests include fracture care, arthritis, tendon and ligament injuries, nerve decompression, repair and reconstruction, Dupuytren's as well as regenerative medicine.



David M. Donohue, M.D.

Hip and Knee, Orthopedic Trauma

Dr. Donohue is fellowship trained in orthopedic trauma surgery, adult reconstruction and arthritis surgery, and is board eligible by the American Board of Orthopaedic Surgery. Much of his training is focused on first time hip and knee replacements, computer navigation, robotic-assisted surgery and managing complications due to previous surgeries. He has contributed to several published chapters and peer-reviewed articles on treatment of infection, biomechanics, orthopedic trauma and computer navigated assistance.



Eddy L. Echols, Jr., M.D.

General Orthopedics, Shoulder and Elbow, Sports Medicine

Dr. Echols is board certified in orthopedic surgery by the American Board of Orthopaedic Surgery and has fellowship training in shoulder and elbow surgery. Prior to joining Florida Orthopaedic Institute, Dr. Echols served on active duty in the United States Navy, attaining the rank of commander. Dr. Echols has authored research publications and presentations in the areas of hand, elbow, and Achilles tendon ruptures. He continues to be actively involved in research.



Timothy C. Epting, D.O.

Foot and Ankle

Dr. Epting is fellowship trained in orthopedic foot and ankle surgery and is board certified by the American Osteopathic Board of Orthopedic Surgery. He focuses on injuries and disorders of the foot and ankle, as well as general orthopedic conditions. Prior to joining Florida Orthopaedic Institute, Dr. Epting served as an orthopedic surgeon in Operation Enduring Freedom in Afghanistan, followed by three years as both an attending orthopedic surgeon at the Naval Hospital Jacksonville and the coordinator for orthopedic education of the Family Medicine Residency Program.



Mark A. Frankle, M.D.

Shoulder and Elbow

Dr. Frankle has been with Florida Orthopaedic Institute since 1991 and received his fellowship training at Mayo Clinic in Rochester, Minnesota. He is board certified by the American Board of Orthopaedic Surgery and specializes in shoulder and elbow surgery. Known around the world as an expert in reverse total shoulder arthroplasty, Dr. Frankle holds numerous patents on implants including anatomic total shoulder, reverse total shoulder prosthetics and suture removal systems.

Our Physicians



Michael J. Garcia, M.D.

Hand and Wrist

Dr. Garcia is board certified by the American Board of Orthopaedic Surgery and has an additional certificate of added qualifications in hand surgery. He is also fellowship trained in hand and upper extremity surgery from Brigham and Women's Hospital and is a member of the American Academy of Orthopaedic Surgeons and the American Society

for Surgery of the Hand.



Grant G. Garlick, M.D.

Hip and Knee

Dr. Garlick is board certified in orthopedic surgery by the American Board of Orthopaedic Surgery and is fellowship trained in sports medicine. He specializes in sports related injuries and joint replacements, including complex cartilage restoration, ligament reconstruction and joint resurfacing and replacement. Dr. Garlick is trained

in robotic surgery, navigation, arthroscopy and minimally invasive surgery for knee replacement and stem cell therapy.



Seth I. Gasser, M.D.

Sports Medicine

Dr. Gasser is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in sports medicine. He also specializes in knees, shoulders, elbows and regenerative medicine, using stem cells and platelet rich plasma therapy. He is Vice President of Florida Orthopaedic Institute, Director of Sports Medicine, President/Medical Director of

the Institute's Surgery Center, Clinical Assistant Professor at the University of South Florida, and Clinical Professor of Athletic Training and Physician Assistant Medicine at the University of Tampa.



Christopher W. Grayson, M.D.

Hip and Knee

Dr. Grayson is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in adult reconstruction and has authored research on arthroplasty and joint replacement. Dr. Grayson focuses on painful or infected total joints and partial knee replacements, and he specializes in same-day total joint replacement

surgery. Dr. Grayson has authored research on arthroplasty and joint replacement.



Kenneth A. Gustke, M.D.

Hip and Knee

Dr. Gustke is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in adult reconstruction, arthritis surgery and hip and knee care. Dr. Gustke is renowned on the national and international level for his pioneering efforts in joint replacement surgery implant design and surgical technique. He is the co-designer of eight

total hip replacement implants and a complete total knee replacement system which includes four different types of total knee implants. He is a founding member and past president of Florida Orthopaedic Institute.



Alfred V. Hess, M.D.

Hand and Wrist

Dr. Hess is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in hand surgery. In addition, he has earned the Certificate of Added Qualification of Hand Surgery. He is a member of the American Academy of Orthopaedic Surgeons and the American Society for Surgery of the Hand. For 20 years he has been seeing patients at Florida

Orthopaedic Institute specializing in disorders of the upper extremities. He is an active participant in the trauma service at Tampa General Hospital, in addition to being the Director of Hand Surgery at Shriners Hospital.



Anthony F. Infante, D.O.

General Orthopedics, Orthopedic Trauma

Dr. Infante is board certified by the American Osteopathic Board of Orthopedic Surgery and specializes in trauma and general orthopedics. Following residency training at Ohio University College of Osteopathic Medicine, Dr. Infante completed fellowships in the treatment of musculoskeletal trauma and post-traumatic

reconstruction. Dr. Infante continues to treat complicated fractures, trauma to the extremities and pelvis, post traumatic and osteoarthritis.



Howard B. Jackson, M.D.

Interventional Spine

Dr. Jackson is fellowship trained and board eligible in physical medicine and rehabilitation by the American Board of Physical Medicine and Rehabilitation and specializes in conservative and nonsurgical spine care. With a focus on diagnosing, treating and coordinating multidisciplinary care, Dr. Jackson treats patients with acute and

chronic spine conditions, including spinal stenosis, herniated disc and degenerative disc disease.



Evan M. Loewy, M.D.

Foot and Ankle

Dr. Loewy is board eligible by the American Board of Orthopaedic Surgery and received his fellowship training in Foot and Ankle surgery at OrthoCarolina Foot and Ankle Institute. He is a member of numerous orthopedic organizations including the American Academy of Orthopaedic Surgeons, the American Orthopaedic Foot and

Ankle Society and the Florida Orthopaedic Society. Dr. Loewy has been involved in orthopedic research projects and has published his findings on techniques in foot and ankle surgery.



Steven T. Lyons, M.D.

Hip and Knee

Dr. Lyons is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in joint replacement and adult reconstruction. As a nationally and internationally recognized expert in joint replacement care, Dr. Lyons has been instrumental in the advancement of joint replacement and arthritis surgery. He has been

chosen as a member in "Who's Who in Orthopedics" for orthopedic surgery.

Our Physicians



Benjamin J. Maxson, D.O.

Orthopedic Trauma

Dr. Maxson is fellowship trained in orthopedic trauma and board certified by the American Osteopathic Board of Orthopedic Surgery. He focuses on a holistic approach to patient care, focusing on orthopedic trauma as well as general orthopedics. Dr. Maxson specializes in treating complex fractures, correction of limb deformity

and a variety of other common orthopedic complaints. Dr. Maxson has authored articles on upper extremity injury, repair and treatment.



Mark A. Mighell, M.D.

Shoulder and Elbow

Dr. Mighell is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in shoulder and elbow surgery. As co-director of the shoulder and elbow department and fellowship program at Florida Orthopaedic Institute, Dr. Mighell works with fellows who are seeking experience and exposure to the entire spectrum

of shoulder and elbow disorder. Dr. Mighell is an active member of the Orthopaedic Trauma Association and American Shoulder and Elbow Surgeons.



Hassan R. Mir, M.D.

Orthopedic Trauma

Dr. Mir is fellowship trained in orthopedic traumatology and post-traumatic reconstruction and is board certified by the American Board of Orthopaedic Surgery. Dr. Mir focuses on care of the poly-traumatized patient, pelvic and acetabular fractures and complex periarticular fractures. Prior to joining Florida Orthopaedic Institute, Dr.

Mir served as Associate Professor of Orthopaedics and Rehabilitation at Vanderbilt University, as well as medical director of finance at the Vanderbilt Orthopaedic Institute.



Michael A. Miranda, D.O.

Hip and Knee

Dr. Miranda is board certified by the American Osteopathic Board of Orthopedic Surgery and is fellowship trained in adult reconstruction of the hip and knee, including primary and revision surgery. With a focus on providing patients with minimally invasive surgery of the hip and knee, Dr. Miranda utilizes robotic surgery and specializes in

arthroscopic surgery of the hip and knee.



Adam C. Morse, D.O.

Sports Medicine

Dr. Adam Morse is a board-certified orthopedic surgeon by the American Osteopathic Board of Orthopedic Surgery and specializes in sports medicine of the knee, shoulder, hip elbow and ankle. Dr. Morse has been taking care of sports injuries at Florida Orthopaedic Institute since 1999. His primary interests are in arthroscopic surgery,

ligament reconstruction and tendon repair of the knee, shoulder, hip, elbow and ankle.



Jason A. Nydick, D.O.

Hand and Wrist, Orthopedic Trauma

Dr. Nydick is board certified by the American Osteopathic Board of Orthopedic Surgery and is fellowship trained in hand surgery. He specializes in disorders of the upper extremity. He holds a particular interest in trauma care and soft tissue reconstruction in the hand, wrist, elbow, and shoulder. Dr. Nydick leads the Reconstructive

Limb Loss Clinic at FOI, which focuses a multispecialty team approach on improving pain and function to patients who have upper or lower amputations.



Brian T. Palumbo, M.D.

Hip and Knee

Dr. Palumbo is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in adult reconstructive surgery. With a focus on diagnosing and treating hip and knee arthritis and its effects, Dr. Palumbo treats patients with a spectrum of orthopedic conditions including extremity fractures. His specific clinical interests

include painful and infected hip and knee replacements, total hip replacements (anterior approach) and partial knee replacements.



Ioannis P. Pappou, M.D.

Hand and Wrist, Shoulder and Elbow

Dr. Pappou is board certified in orthopedics by the American Board of Orthopaedic Surgery and is dual fellowship trained in hand, wrist, shoulder and elbow surgery and microvascular surgery. With a focus on patient education, Dr. Pappou works with patients to make a joint decision regarding treatment. Additionally, Dr. Pappou is a member

of the American Association of Orthopaedics and the American Association for Hand Surgery.



John D. Ramirez, Jr., D.C.

Chiropractic Services

Dr. Ramirez is board certified by the National Board of Chiropractic Examiners. He holds a bachelor's degree in Biomedical Sciences from the University of South Florida and his Doctorate of Chiropractic from Palmer College of Chiropractic in Port Orange, FL. He attained additional education in Functional Neurology from Carrick Institute for Graduate Studies,

in Electrodiagnostics from the Neuro Diagnostics Institute and completed his preceptorship at FOI under Dr. Reina. Additionally, Dr. Ramirez is a certified functional training specialist and a certified personal trainer.



David A. Reina, D.C.

Chiropractic Services

Dr. Reina is board certified by the National Board of Chiropractic Examiners and specializes in chiropractic services. Dr. Reina's primary interests are in noninvasive pain management, restoration of function utilizing manual medicine and chiropractic techniques. As co-director of the Orthopaedic Total Wellness Program at Florida

Orthopaedic Institute, Dr. Reina incorporates the training of functional and manual medicine with traditional orthopedics.

Our Physicians



Adil A. Samad, M.D.

Spine

Dr. Samad received his fellowship training in adult spinal surgery at the Johns Hopkins University, considered one of the top spine fellowships in the country. He is board certified by the American Board of Orthopaedic Surgery. As a spine surgeon who specializes in degenerative conditions of the spine, Dr. Samad uses a conservative approach to

ensure the best results for each patient using the most advanced surgical techniques.



Roy W. Sanders, M.D.

Foot and Ankle, Orthopedic Trauma

Dr. Sanders is president of FOI and is nationally and internationally recognized for his work in orthopedic trauma and foot and ankle surgery. As FOI's Director of Orthopaedic Trauma Service, he oversees the treatment of fractures, dislocations and problems associated with them, including persistent deformities, arthritis and bone infections.

He is also the Chief of the Department of Orthopaedics at Tampa General Hospital and Chairman of the Department of Orthopaedic Surgery at USF Health's Morsani College of Medicine.



Jeff E. Sellman, M.D.

Primary Care Sports Medicine

Dr. Sellman is board certified in family medicine by the American Board of Family Medicine and board certified in primary care sports medicine. As an advocate for concussion prevention, Dr. Sellman is a certified ImPACT consultant and specializes in general and primary care sports medicine. He currently

holds a position at the University of Tampa with the athletic training department and is a past member of the American Medical Society for Sports Medicine and the American Academy of Family Physicians.



Anjan R. Shah, M.D.

Orthopedic Trauma

Dr. Shah is a board certified and fellowship trained in orthopedic trauma. Specializing in complex peri-articular and poly-trauma injuries, Dr. Shah is a staffed trauma surgeon with Orthopaedic Trauma Service, a division of Florida Orthopaedic Institute, he helped create. The OTS team provides expert care for patients with severe musculoskeletal

injuries, including pelvic and hip reconstructions - one of Dr. Shah's areas of expertise.



John M. Small, M.D.

Spine

Dr. Small is board certified by the American Board of Orthopaedic Surgery and specializes in spine surgery. After completing a residency in orthopedic surgery at the University of Texas Southwestern Medical Center in Dallas, Dr. Small completed a spine fellowship at the renowned Kerlan Jobe Orthopaedic Clinic in Los Angeles, California. Dr.

Small has received comprehensive spine training involving the cervical, thoracic and lumbar spine.



Jeffrey D. Stone, M.D.

Hand and Wrist

Dr. Stone is board certified by the American Board of Orthopaedic Surgery and specializes in hand, wrist, elbow, shoulder and microsurgery and has received a certificate of added qualification in hand surgery. Dr. Stone completed his fellowship training in hand, upper extremity and microvascular surgery. Dr. Stone serves

as an affiliate assistant professor at the University of South Florida in the division of plastic surgery and the division of orthopedic surgery.



Steven J. Tresser, M.D.

Spine

Dr. Tresser is board certified by the American Board of Neurological Surgery and specializes in minimally invasive spine procedures. He has 28 years of advanced training in Neurosurgery and over 30 years of experience teaching fellow doctors. Dr. Tresser also completed a research fellowship in Neuroscience at Case Western Reserve University

and during this time was awarded the Dudley P. Allen Scholar Award for his professional research.



David T. Watson, M.D.

Hip and Knee, Orthopedic Trauma

Dr. Watson is board certified by the American Board of Orthopaedic Surgery, the Royal College of Physicians and Surgeons of Canada and specializes in orthopedic trauma, adult reconstruction and arthritis surgery. Dr. Watson completed his fellowship training in adult reconstruction at Cornell University Hospital for

Special Surgery in New York and his fellowship training for orthopedic trauma at Florida Orthopaedic Institute with an emphasis on adult reconstruction, trauma and post-traumatic complications.



Marc A. Weinstein, M.D.

Spine

Dr. Weinstein is board certified by the American Board of Orthopaedic Surgery and specializes in spinal surgery. Dr. Weinstein received a fellowship in spine research from the Hospital for Special Surgery and a fellowship in spine surgery from Jackson Memorial Hospital. He has published numerous research papers in both peer reviewed medical

journals and textbooks, and has lectured at national and international spine meetings. His special interests are in cervical spine surgery.



Seung Jin Yi, M.D.

Sports Medicine

Dr. Yi is board certified by the American Board of Orthopaedic Surgery and fellowship trained in sports medicine. He specializes in shoulder, hip and knee surgery with an emphasis on conservative nonsurgical treatment when possible. Prior to joining Florida Orthopaedic Institute, Dr. Yi assisted and trained with team physicians for the NFL

Chicago Bears, MLS Chicago Fire, Chinese Olympic Volleyball Team, University of Chicago, Kent State University and Akron University.

Our Physicians



Syed M. Zaffer, M.D.

Physical Medicine and Rehabilitation

Dr. Zaffer is fellowship trained and board certified by the American Board of Orthopaedic Surgery in physical medicine and rehabilitation. Additionally, he is board certified by the American Board of Electrodiagnostic Medicine in electromyography.

A physiatrist with more than 16 years of pain management and rehabilitation experience, Dr.

Zaffer utilizes his extensive knowledge to educate patients about the options available for treating pain, including treatment with nonsurgical and interventional pain techniques. His EMG lab at our North Tampa location is quality accredited by AANEM.

Bloomingtondale

(Therapy & Chiropractic Service Only)
1586 Bloomingtondale Avenue
Valrico, FL 33596

Brandon and Orthopaedic Urgent Care

560 South Lakewood Drive
Suite 101
Brandon, FL 33511

Citrus Park

6117 Gunn Highway
Tampa, FL 33625

North Tampa - Main Office

13020 Telecom Parkway North
Temple Terrace, FL 33637

Northdale

(Therapy & Chiropractic Service Only)
3618 Madaca Lane
Tampa, FL 33618

Palm Harbor

36413 US Highway 19 North
Palm Harbor, FL 34684

Riverview

11286 Boyette Road, Suite 101
Riverview, FL 33569

South Tampa and Orthopaedic Urgent Care

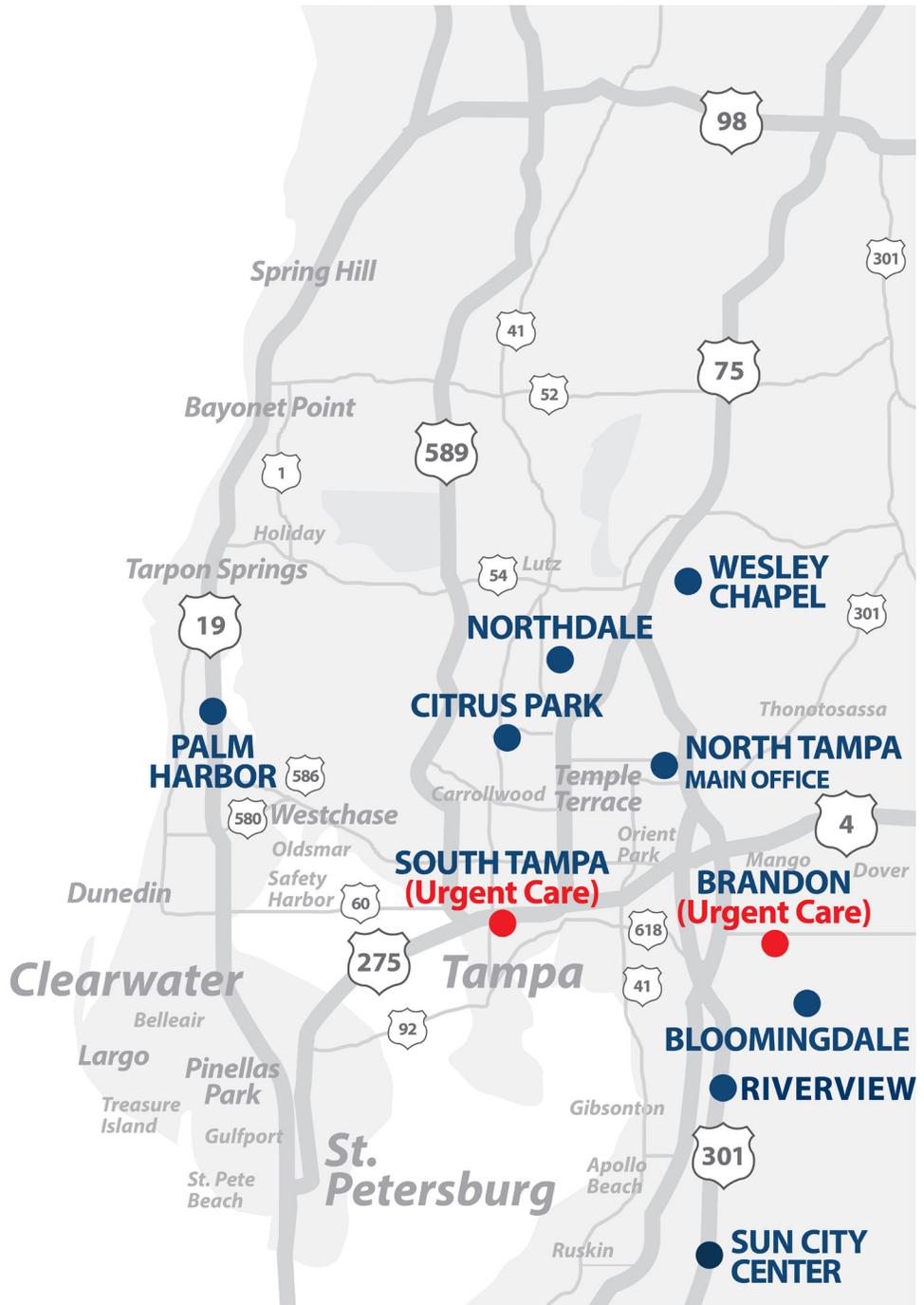
909 North Dale Mabry Highway
Tampa, FL 33609

Sun City Center

959 Del Webb Boulevard East
Sun City Center, FL 33573

Wesley Chapel

2653 Bruce B. Downs Boulevard,
Suite 201
Wesley Chapel, FL 33544



FLORIDA ORTHOPAEDIC INSTITUTE OUTPATIENT SURGERY CENTERS

North Tampa

13060 Telecom Parkway North
Temple Terrace, FL 33637

Citrus Park

6119 Gunn Highway
Tampa, FL 33625

FLORIDA ORTHOPAEDIC INSTITUTE®

Keeping you active.



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