

SURPRISING FACTS ABOUT YOUR KNEE PAIN



OVER 30 MILLION
Americans suffer from
osteoarthritis¹

WOMEN
are more likely to suffer from
osteoarthritis than men¹

LOSE 1 POUND



and it takes 4 pounds
of pressure off your
knees⁵

MORE THAN



knee replacements are
performed in the U.S.
every year

STAYING ACTIVE
Quitting smoking and
managing your weight
can help you stay ahead
of joint pain²



By 2040, more than a quarter of the
adult U.S. population are projected to
have arthritis - that's 78 million people³

**UP TO
15%**

of all people with knee
arthritis may be eligible for
partial knee replacement⁴

1968



The first knee
replacement was
performed

INNOVATIONS

in surgery techniques
and instruments
over the past 15
years make
partial knee
replacement an
option for more
people⁴



FLORIDA
ORTHOPAEDIC
INSTITUTE

Keeping you active.