

Our Physicians

FLORIDA
ORTHOPAEDIC
INSTITUTE®

Keeping you active.



FloridaOrtho.com (800) FL-ORTHO

Guide to Terms:

FELLOWSHIP TRAINED

A fellowship is additional medical training in a specific field of orthopedic surgery that physicians undertake after completing their residency. After completing a fellowship in a subspecialty such as hip, spine or knee, the physician is considered an expert in performing these procedures.

BOARD CERTIFIED

Board certification demonstrates a physician's exceptional expertise in a particular specialty and/or subspecialty of medical practice. In addition to completing years of schooling, fulfilling residency requirements and passing state exams required to practice medicine, a board certified specialist participates in an ongoing process of continuing education to keep current with the latest advances in medical science and technology in their specialty as well as best practices in patient safety, quality healthcare and creating a responsive patient-focused environment.

BOARD ELIGIBLE

Physicians are board eligible when they have completed the requirements for admission to a medical specialty board examination but have not yet taken the examination.

Florida Orthopaedic Institute complies with applicable Federal civil rights laws and is committed to ensuring that persons with disabilities, including persons who have hearing, vision, or speech disabilities, as well as persons of Limited English Proficiency (LEP), have an equal opportunity to participate in any of our services.

Our New Brandon Office

Welcome



**We relocated
to better serve you.
Our new location
includes Orthopaedic
Urgent Care!**



**BRANDON GATEWAY
MEDICAL PLAZA
560 S LAKEWOOD DR.
SUITE 101**

Our patients are the focus of all we do at Florida Orthopaedic Institute and our goal is to keep you active. We achieve this by providing you with the best orthopedic solutions for virtually every bone, joint, ligament and muscle in the body.

We are different from other orthopedic groups because our team of highly skilled, board certified physicians and surgeons has advanced training, which allows the highest standard of care. Our surgeons are also fellowship trained, which requires an additional year of study in the orthopedic subspecialties of hand, spine, joint replacement, shoulder and elbow, sports medicine, foot and ankle, and trauma. This expertise is invaluable for proper diagnosis and treatment, providing a level of care unattainable elsewhere in the Tampa Bay Area.

Our philosophy is to first try all appropriate nonsurgical methods to increase mobility and function. This may include medication, bracing, injections, physical and/or occupational therapy, or chiropractic services, all of which we provide. Then, and only then, do we suggest surgery.

We are also proud of our strong partnership with USF Health Morsani College of Medicine. In addition to my role as President and Chief Medical Officer of Florida Orthopaedic Institute, I also chair USF's Department of Orthopaedic Surgery. Together, we can capitalize on our combined strengths and advance academic orthopedics. This combination assures our patients the finest orthopedic treatment and brings a substantial benefit to our community, patients, residents, students and faculty.

As one of Florida's largest orthopedic groups, our mission is simple: to provide excellence in clinical outcomes and an exceptional patient experience, while in an environment that fosters growth through teaching, education and research in all aspects of musculoskeletal medicine.

Please let us know if there is anything we can do to further improve your experience. We look forward to serving you!

Sincerely,
Roy Sanders, M.D.
President and Chief Medical Officer

Our Physicians



SHEYAN J. ARMAGHANI, M.D.
SPINE

Dr. Armaghani received his fellowship training in adult spinal surgery at the Emory University School of Medicine, widely considered one of the top spine fellowships in the country. He is board certified by the American Board of Orthopaedic Surgery. As a spine surgeon specializing

in degenerative spine conditions, he has a particular interest in the causes and treatments of spinal stenosis and disc herniation, although he treats all spinal disorders. Dr. Armaghani uses a nonsurgical approach and minimally invasive techniques.



MARC A. WEINSTEIN, M.D.
SPINE

Dr. Weinstein is board certified by the American Board of Orthopaedic Surgery and specializes in spinal surgery. Dr. Weinstein received a fellowship in spine research from the Hospital for Special Surgery and a fellowship in spine surgery from Jackson Memorial Hospital. He has

published numerous research papers in both peer reviewed medical journals and textbooks, and has lectured at national and international spine meetings. His special interests are in cervical spine surgery.



CHRISTOPHER E. BAKER, M.D.
SPORTS MEDICINE, SHOULDER
AND ELBOW

Dr. Baker is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in sports medicine and shoulder reconstruction surgery. With a focus on patient education, he works with patients to

ensure they fully understand their orthopedic options and outcomes. His additional training in ultrasound imaging allows him to care and diagnose his patients who have MRI contraindications due to pacemakers, foreign metal in their bodies or severe claustrophobia.



SEUNG JIN YI, M.D.
SPORTS MEDICINE, HIP AND
KNEE, SHOULDER AND ELBOW,
REGENERATIVE MEDICINE

Dr. Yi is board certified by the American Board of Orthopaedic Surgery and fellowship trained in sports medicine. He specializes in shoulder, hip and knee surgery with an emphasis on conservative

nonsurgical treatment when possible. Prior to joining Florida Orthopaedic Institute, Dr. Yi assisted and trained with team physicians for the NFL Chicago Bears, MLS Chicago Fire, Chinese Olympic Volleyball Team, University of Chicago, Kent State University and Akron University.



STEVEN BARNA, M.D.
INTERVENTIONAL SPINE AND
REGENERATIVE MEDICINE

Dr. Barna is board certified and fellowship trained in interventional pain and specializes in conservative and nonsurgical minimally invasive spine care. With a focus on diagnosing, treating and coordinating multidisciplinary care, Dr. Barna treats

patients with acute and chronic spinal conditions, including spinal stenosis, herniated disc and degenerative disc disease. He also has extensive training in stem cell therapy which is ideal for treating lower back and neck pain as well as joint pain due to osteoarthritis.



SYED M. ZAFFER, M.D.
PHYSICAL MEDICINE AND
REHABILITATION

Dr. Zaffer is fellowship trained and board certified by the American Board of Orthopaedic Surgery in physical medicine and rehabilitation. Additionally, he is board certified by the American Board of Electrodiagnostic Medicine in

electromyography. A physiatrist with more than 16 years of pain management and rehabilitation experience, Dr. Zaffer utilizes his extensive knowledge to educate patients about the options available for treating pain, including treatment with nonsurgical and interventional pain techniques. His EMG lab at our North Tampa location is quality accredited by AANEM.

Our Physicians



STEVEN J. TRESSER, M.D.
SPINE

Dr. Tresser is board certified by the American Board of Neurological Surgery and specializes in minimally invasive spine procedures. He has 28 years of advanced training in Neurosurgery and over 30 years of experience teaching fellow doctors.

Dr. Tresser also completed a research

fellowship in Neuroscience at Case Western Reserve University and during this time was awarded the Dudley P. Allen Scholar Award for his professional research.



ELLEN BEATTY, M.D.
HAND AND WRIST

Dr. Beatty is board certified and fellowship trained by the American Board of Plastic Surgery and has received the certificate of added qualification in hand surgery. Dr. Beatty has treated patients in the Tampa Bay area for over 26 years and is a founding member of Florida Orthopaedic Institute.

She has a special interest in the development and growth of the upper extremities, and has published journal articles and textbook chapters on the origin of arm structures.



ARTHUR K. WALLING, M.D.
FOOT AND ANKLE,
MUSCULOSKELETAL ONCOLOGY

Dr. Walling is a founding member of Florida Orthopaedic Institute, is board certified by the American Board of Orthopaedic Surgery and specializes in musculoskeletal oncology and foot and ankle surgery. As director of the Foot and Ankle Surgery Fellowship

program at Tampa General Hospital, Dr. Walling provides fellows with foot and ankle disorder training with an emphasis on adult reconstruction, trauma and posttraumatic complications.



THOMAS L. BERNASEK, M.D.
HIP AND KNEE

Dr. Bernasek is board certified and fellowship trained by the American Board of Orthopaedic Surgery and specializes in joint replacement and minimally invasive hip surgery. Dr. Bernasek has treated patients in the Tampa Bay area for over 25 years and is a founding member of Florida Orthopaedic

Institute. He is national and internationally known as an expert in joint replacement with vast experience in total hip and knee replacement.



DAVID T. WATSON, M.D.
ORTHOPEDIC TRAUMA, HIP AND
KNEE

Dr. Watson is board certified by the American Board of Orthopaedic Surgery, the Royal College of Physicians and Surgeons of Canada and specializes in orthopedic trauma, adult reconstruction and arthritis surgery. Dr. Watson completed

his fellowship training in adult reconstruction at Cornell University Hospital for Special Surgery in New York and his fellowship training for orthopedic trauma at Florida Orthopaedic Institute with an emphasis on adult reconstruction, trauma and post-traumatic complications.



DAVID M. DONOHUE, M.D.
ORTHOPEDIC TRAUMA, HIP AND
KNEE

Dr. Donohue is fellowship trained in orthopedic trauma surgery, adult reconstruction and arthritis surgery, and is board eligible by the American Board of Orthopaedic Surgery. Much of his training is focused on first time hip and knee

replacements, computer navigation, robotic-assisted surgery and managing complications due to previous surgeries. He has contributed to several published chapters and peer-reviewed articles on treatment of infection, biomechanics, orthopedic trauma and computer navigated assistance.

Our Physicians



EDDY L. ECHOLS, JR., M.D.
GENERAL ORTHOPEDICS,
SHOULDER AND ELBOW, SPORTS
MEDICINE, REGENERATIVE
MEDICINE

Dr. Echols is board certified in orthopedic surgery by the American Board of Orthopaedic Surgery and has fellowship training in shoulder and elbow surgery.

Prior to joining Florida Orthopaedic Institute, Dr. Echols served on active duty in the United States Navy, attaining the rank of commander. Dr. Echols has authored research publications and presentations in the areas of hand, elbow, and Achilles tendon ruptures. He continues to be actively involved in research.



ANJAN R. SHAH, M.D.
ORTHOPEDIC TRAUMA

Dr. Shah is a board certified and fellowship trained in orthopedic trauma. Specializing in complex peri-articular and poly-trauma injuries, Dr. Shah is a staffed trauma surgeon with Orthopaedic Trauma Service, a division of Florida Orthopaedic Institute, he helped create. The OTS team provides

expert care for patients with severe musculoskeletal injuries, including pelvic and hip reconstructions - one of Dr. Shah's areas of expertise.



TIMOTHY C. EPTING, D.O.
FOOT AND ANKLE

Dr. Epting is fellowship trained in orthopedic foot and ankle surgery and is board certified by the American Board of Orthopaedic Surgery. He focuses on injuries and disorders of the foot and ankle, as well as general orthopedic conditions. Prior to joining Florida Orthopaedic Institute, Dr.

Epting served as an orthopedic surgeon in Operation Enduring Freedom in Afghanistan, followed by three years as both an attending orthopedic surgeon at the Naval Hospital Jacksonville and the coordinator for orthopedic education of the Family Medicine Residency Program.



JOHN M. SMALL, M.D.
SPINE

Dr. Small is board certified by the American Board of Orthopaedic Surgery and specializes in spine surgery. After completing a residency in orthopedic surgery at the University of Texas Southwestern Medical Center in Dallas, Dr. Small completed a spine fellowship at

the renowned Kerlan Jobe Orthopaedic Clinic in Los Angeles, California. Dr. Small has received comprehensive spine training involving the cervical, thoracic and lumbar spine.



MARK A. FRANKLE, M.D.
SHOULDER AND ELBOW

Dr. Frankle is board certified by the American Board of Orthopaedic Surgery and specializes in shoulder and elbow surgery. With a focus on research, Dr. Frankle serves as the director of the Biomechanical Shoulder and Elbow Research Lab at the University of South Florida College of

Engineering and is the director of the annual course, Current Concepts in Shoulder and Elbow Surgery.



JEFFREY D. STONE, M.D.
HAND AND WRIST, SHOULDER
AND ELBOW, REGENERATIVE
MEDICINE

Dr. Stone is board certified by the American Board of Orthopaedic Surgery and specializes in hand, wrist, elbow, shoulder and microsurgery and has received a certificate of added qualification in hand

surgery. Dr. Stone completed his fellowship training in hand, upper extremity and microvascular surgery. Dr. Stone serves as an affiliate assistant professor at the University of South Florida in the division of plastic surgery and the division of orthopedic surgery.

Our Physicians



ADIL A. SAMAD, M.D.
SPINE

Dr. Samad received his fellowship training in adult spinal surgery at the Johns Hopkins University, considered one of the top spine fellowships in the country. He is board eligible by the American Board of Orthopaedic Surgery. Dr. Samad specializes in scoliosis, complex revisions,

and adult spinal reconstruction cases. He uses a conservative and individualized approach to ensure the best results for each patient using the most advanced surgical techniques.



MICHAEL J. GARCIA, M.D.
HAND AND WRIST, SHOULDER
AND ELBOW

Dr. Garcia is board certified by the American Board of Orthopaedic Surgery and has an additional certificate of added qualifications in hand surgery. He is also fellowship trained in hand and upper extremity surgery from Brigham and

Women's Hospital and is a member of the American Academy of Orthopaedic Surgeons and the American Society for Surgery of the Hand.



ROY W. SANDERS, M.D.
FOOT AND ANKLE, ORTHOPEDIC
TRAUMA, REGENERATIVE MEDICINE

Dr. Sanders is president of Florida Orthopaedic Institute and is nationally and internationally recognized for his work in orthopedic trauma and foot and ankle surgery. As Florida Orthopaedic Institute's Director of Orthopaedic Trauma Service,

Dr. Sanders oversees the treatment of fractures, dislocations and problems associated with them, including persistent deformities, arthritis and bone infections. He is also the chief of Department of Orthopaedics, Tampa General Hospital and chairman of the Department of Orthopaedic Surgery at USF Health's Morsani College of Medicine.



GRANT G. GARLICK, M.D.
SPORTS MEDICINE, REGENERATIVE
MEDICINE, HIP AND KNEE

Dr. Garlick is board certified in orthopedic surgery by the American Board of Orthopaedic Surgery and is fellowship trained in sports medicine. He specializes in sports related injuries and joint replacements, including complex cartilage

restoration, ligament reconstruction and joint resurfacing and replacement. Dr. Garlick is trained in robotic surgery, navigation, arthroscopy and minimally invasive surgery for knee replacement and stem cell therapy.



JEFF SELLMAN, M.D.
PRIMARY CARE SPORTS MEDICINE,
REGENERATIVE MEDICINE

Dr. Sellman is board certified in family medicine by the American Board of Family Medicine and board certified in primary care sports medicine. As an advocate for concussion prevention, Dr. Sellman is a certified ImpACT consultant and specializes

in general and primary care sports medicine. He currently holds a position at the University of Tampa with the athletic training department and is a past member of the American Medical Society for Sports Medicine and the American Academy of Family Physicians.



SETH I. GASSER, M.D.
SPORTS MEDICINE, REGENERATIVE
MEDICINE, KNEE, SHOULDER AND
ELBOW

Dr. Gasser is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in sports medicine. He also specializes in knees, shoulders, elbows and regenerative medicine, using stem cells

and platelet rich plasma therapy. He is Vice President of Florida Orthopaedic Institute, Director of Sports Medicine, President/Medical Director of the Institute's Surgery Center, Clinical Assistant Professor at the University of South Florida and Adjunct Professor of Exercise Science at the University of Tampa.

Our Physicians



CHRISTOPHER W. GRAYSON, M.D.
HIP AND KNEE

Dr. Grayson is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in adult reconstruction and has authored research on arthroplasty and joint replacement. Dr. Grayson focuses on painful or infected total joints and partial knee replacements,

and he specializes in same-day total joint replacement surgery. Dr. Grayson has authored research on arthroplasty and joint replacement.



KENNETH A. GUSTKE, M.D.
HIP AND KNEE

Dr. Gustke is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in adult reconstruction, arthritis surgery and hip and knee care. Dr. Gustke is renowned on the national and international level for his pioneering efforts in joint replacement

surgery implant design and surgical technique. He is the co-designer of eight total hip replacement implants and a complete total knee replacement system which includes four different types of total knee implants. He is a founding member and past president of Florida Orthopaedic Institute.



ALFRED V. HESS, M.D.
HAND AND WRIST, SHOULDER AND ELBOW, REGENERATIVE MEDICINE

Dr. Hess is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in hand surgery. In addition, he has earned the Certificate of Added Qualification of Hand Surgery. He is a member of the American Academy of

Orthopaedic Surgeons and the American Society for Surgery of the Hand. For 20 years he has been seeing patients at Florida Orthopaedic Institute specializing in disorders of the upper extremities. He is an active participant in the trauma service at Tampa General Hospital, in addition to being the Director of Hand Surgery at Shriners Hospital.



JOHN D. RAMIREZ, JR., D.C.
CHIROPRACTIC SERVICES

Dr. Ramirez is board certified by the National Board of Chiropractic Examiners. He holds a bachelor's degree in Biomedical Sciences from the University of South Florida and his Doctorate of Chiropractic from Palmer College of Chiropractic in Port Orange, Fl. He attained additional

education in Functional Neurology from Carrick Institute for Graduate Studies, in Electrodiagnostics from the Neuro Diagnostics Institute and completed his preceptorship at the Florida Orthopaedic Institute under Dr. Reina. Additionally, Dr. Ramirez is a certified functional training specialist and a certified personal trainer.



DAVID A. REINA, D.C.
CHIROPRACTIC SERVICES

Dr. Reina is board certified by the National Board of Chiropractic Examiners and specializes in chiropractic services. Dr. Reina's primary interests are in noninvasive pain management, restoration of function utilizing manual medicine and chiropractic techniques. As co-director of

the Orthopaedic Total Wellness Program at Florida Orthopaedic Institute, Dr. Reina incorporates the training of functional and manual medicine with traditional orthopedics.



DONNA A. SAATMAN, M.D.
SPINE

Dr. Saatman is board certified by the American Board of Neurological Surgery and fellowship trained in neurosurgical oncology. She specializes in the surgical treatment of adult degenerative spine and peripheral nerve disease. After graduating as the first female resident from the

University of South Florida's neurosurgery program, Dr. Saatman provided unsurpassed patient care for ten years at a private clinic in Brandon, Florida, where she served as president and chief neurosurgeon. Dr. Saatman currently performs spine surgery at Brandon Regional Hospital.

Our Physicians



JASON NYDICK, D.O.
HAND AND WRIST, SHOULDER
AND ELBOW

Dr. Nydick is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in hand surgery. He specializes in disorders of the upper extremity. He holds a particular interest in trauma care and soft tissue reconstruction

in the hand, wrist, elbow, and shoulder. Dr. Nydick serves as an associate editor for the Journal of Hand Surgery and shares his professional knowledge reviewing orthopedic content for several journals.



ANTHONY F. INFANTE, D.O.
GENERAL ORTHOPEDICS,
ORTHOPEDIC TRAUMA, HIP AND
KNEE

Dr. Infante is board certified by the American Board of Orthopaedic Surgery and specializes in trauma and general orthopedics. Following residency training at Ohio University College of Osteopathic

Medicine, Dr. Infante completed fellowships in the treatment of musculoskeletal trauma and post-traumatic reconstruction. Dr. Infante continues to treat complicated fractures, trauma to the extremities and pelvis, post-traumatic and osteoarthritis.



BRIAN PALUMBO, M.D.
HIP AND KNEE

Dr. Palumbo is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in adult reconstructive surgery. With a focus on diagnosing and treating hip and knee arthritis and its effects, Dr. Palumbo treats patients with a spectrum of

orthopedic conditions including extremity fractures. His specific clinical interests include painful and infected hip and knee replacements, total hip replacements (anterior approach) and partial knee replacements.



HOWARD B. JACKSON, M.D.
INTERVENTIONAL SPINE

Dr. Jackson is board certified and fellowship trained in physical medicine and rehabilitation by the American Board of Physical Medicine and Rehabilitation and specializes in conservative and nonsurgical spine care. With a focus on diagnosing, treating and coordinating multidisciplinary

care, Dr. Jackson treats patients with acute and chronic spine conditions, including spinal stenosis, herniated disc and degenerative disc disease.



IOANNIS P. PAPPOU, M.D., PH.D.
HAND AND WRIST,
SHOULDER AND ELBOW

Dr. Pappou is board certified in orthopedics by the American Board of Orthopaedic Surgery and is dual fellowship trained in hand, wrist, shoulder and elbow surgery and microvascular surgery. With a focus on patient education, Dr. Pappou works

with patients to make a joint decision regarding treatment. Additionally, Dr. Pappou is a member of the American Association of Orthopaedics and the American Association for Hand Surgery.



ADAM C. MORSE, D.O.
SPORTS MEDICINE, HIP AND KNEE,
SHOULDER AND ELBOW

Dr. Morse is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in sports medicine, knee, shoulder and elbow care. With a passion for assisting others, he serves as a clinical examiner with the American Board of

Orthopaedic Surgery for surgeons seeking board certification and offers orthopedics and sports medicine training to medical students, interns, residents and fellows. An advocate for sports medicine care, Dr. Morse has served as a team physician for the Tampa Bay Lightning and the Tampa Bay Storm.

Our Physicians



BENJAMIN J. LINDBLOOM, M.D.
SHOULDER AND ELBOW

Dr. Lindbloom is board eligible by the American Board of Orthopaedic Surgery and completed his fellowship in shoulder and elbow surgery at Florida Orthopaedic Institute. He specializes in fracture reconstruction as well as shoulder arthroscopy and arthroplasty. He was residency trained at the University of Texas Health Science Center at Houston - one of the most active orthopedic trauma training centers in the country. He is also a candidate member of American Shoulder and Elbow Surgeons (ASES) and a resident member of the American Academy of Orthopaedic Surgeons.



STEVEN T. LYONS, M.D.
HIP AND KNEE, REGENERATIVE
MEDICINE

Dr. Lyons is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in joint replacement and adult reconstruction. As a nationally and internationally recognized expert in joint replacement care, Dr. Lyons has been instrumental in the advancement of joint replacement and arthritis surgery. He has been chosen as a member in "Who's Who in Orthopedics" for orthopedic surgery.



BENJAMIN J. MAXSON, D.O.
ORTHOPEDIC TRAUMA

Dr. Maxson is fellowship trained in orthopedic trauma and board certified by the American Board of Orthopaedic Surgery. He focuses on a holistic approach to patient care, focusing on orthopedic trauma as well as general orthopedics. Dr. Maxson specializes in treating complex fractures, correction of limb deformity and a variety of other common orthopedic complaints. Dr. Maxson has authored articles on upper extremity injury, repair and treatment.



MARK A. MIGHELL, M.D.
SHOULDER AND ELBOW,
REGENERATIVE MEDICINE

Dr. Mighell is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in shoulder and elbow surgery. As co-director of the shoulder and elbow department and fellowship program at Florida Orthopaedic Institute, Dr. Mighell works with fellows who are seeking experience and exposure to the entire spectrum of shoulder and elbow disorder. Dr. Mighell is an active member of the Orthopaedic Trauma Association and American Shoulder and Elbow Surgeons.



HASSAN R. MIR, M.D.
ORTHOPEDIC TRAUMA

Dr. Mir is fellowship trained in orthopedic traumatology and post-traumatic reconstruction and is board certified by the American Board of Orthopaedic Surgery. Dr. Mir focuses on care of the poly-traumatized patient, pelvic and acetabular fractures and complex periarticular fractures. Prior to joining Florida Orthopaedic Institute, Dr. Mir served as Associate Professor of Orthopaedics and Rehabilitation at Vanderbilt University, as well as medical director of finance at the Vanderbilt Orthopaedic Institute.



MICHAEL A. MIRANDA, D.O.
HIP AND KNEE

Dr. Miranda is board certified by the American Osteopathic Board of Orthopaedic Surgery and is fellowship trained in adult reconstruction of the hip and knee, including primary and revision surgery. With a focus on providing patients with minimally invasive surgery of the hip and knee, Dr. Miranda utilizes robotic surgery and specializes in arthroscopic surgery of the hip and knee.