### Welcome

Our patients are the focus of all we do at Florida Orthopaedic Institute and our goal is to keep you active. We achieve this by providing you with the best orthopedic solutions for virtually every bone, joint, ligament and muscle in the body.

We are different from other orthopedic groups because our team of highly skilled, board certified physicians and surgeons has advanced training, which allows the highest standard of care. Our surgeons are also fellowship trained, which requires an additional year of study in the orthopedic subspecialties of hand, spine, joint replacement, shoulder and elbow, sports medicine, foot and ankle, and trauma. This expertise is invaluable for proper diagnosis and treatment, providing a level of care unattainable elsewhere in the Tampa Bay Area.

Our philosophy is to first try all appropriate nonsurgical methods to increase mobility and function. This may include medication, bracing, injections, physical and/or occupational therapy, or chiropractic services, all of which we provide. Then, and only then, do we suggest surgery.

We are also proud of our strong partnership with USF Health Morsani College of Medicine. In addition to my role as president and chief medical officer of Florida Orthopaedic Institute, I also chair USF's Department of Orthopedic Surgery. Together, we can capitalize on our combined strengths and advance academic orthopedics. This combination assures our patients the finest orthopedic treatment and brings a substantial benefit to our community, patients, residents, students and faculty.

As one of Florida's largest orthopedic groups, our mission is simple: to provide excellence in clinical outcomes and an exceptional patient experience, while in an environment that fosters growth through teaching, education and research in all aspects of musculoskeletal medicine.

Please let us know if there is anything we can do to further improve your experience. We look forward to serving you!

Sincerely, Roy Sanders, M.D. President and Chief Medical Officer









FloridaOrtho.com (800) FL-ORTHO

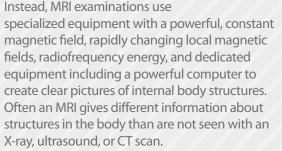
## **Magnetic Resonance Imaging**

#### **Our Diagnostic Imaging Program**

Florida Orthopaedic Institute's highly skilled healthcare professionals use state-of-the-art technology to meet your medical needs. We're your one stop for all musculoskeletal diagnostic imaging with a full range of specialized services.

# What is Magnetic Resonance Imaging?

Magnetic Resonance Imaging, or MRI, is an imaging test allowing physicians to visualize internal structures of the body for abnormal conditions. MRI does not use radiation for imaging, like an x-ray or computed tomography (CT) scan.



MRI examinations are performed in a special room that houses the MRI scanner. Patients lie down on a comfortably padded table that gently glides the patient into the scanner. Most MRI examinations take approximately 30 minutes to complete.

#### **MR Arthrograms:**

For some MRI studies, a contrast agent is injected directly into the joint to better evaluate joint & soft tissue structures. This is often done first utilizing the guidance of the CT Scanner and then completed in the MRI scanner. Arthrograms can be used for multiple joints including the shoulder, elbow, wrist, hip, knee & ankle.

#### What is the MRI examination like?

The MRI examination is performed in a special room that houses the MR system or "scanner". You will be escorted into the room by a staff member of the MRI facility and asked to lie down on a comfortably padded table that gently glides you into the scanner.

In general, in preparation for the MRI examination, you will be required to wear earplugs or headphones to protect your hearing because, when certain scanners operate, they may produce loud noises. These loud noises are normal and should not worry you.

For some MRI studies, a contrast agent called gadolinium may also be used by a vein injection. If so, you will be provided with an information sheet to know exactly what is being injected.

The most important thing for the patient to do is to relax and lie still. Most MRI exams take between 30 to 45 minutes to complete depending on the body part imaged.

During your MRI examination, the MR technologist will be able to speak to you, hear you, and observe you at all times.

#### How safe are MRIs?

To date, over 150 million patients have had MRI examinations. Every year, approximately 10 million patients undergo MRI procedures. MRI has been shown to be extremely safe as long as proper safety precautions are taken. In general, the MRI procedure produces no pain and causes no known short-term or long-term tissue damage of any kind.

#### When will I receive the results of the MRI?

Once the entire MRI examination is completed, the pictures will be read by a radiologist, a specially-trained physician who is able to interpret the scans for your physician.

You will need to schedule a follow-up appointment with your physician to go over your

results and discuss your treatment options. If you do not have an appointment scheduled, please contact the Scheduling Department at (813)978-9797.

#### How can I obtain a copy of the MRI?

If you had your test performed at FOI and would like to obtain a copy of the MRI report or a CD of the images, or have a copy sent to another physician, you will need to complete a Release of Medical Records Form. You can obtain this form from any of the Front Desk Representatives.

If you had your test done at an outside facility, you will need to contact that facility directly to obtain a copy of your results.

#### **MRI Scheduling:**

At Florida Orthopaedic Institute, we make it very convenient to have your diagnostic work done here rather than having to travel to a different facility. We offer early, late and Saturday hours for MRI testing. **Brandon:** 

Monday - Thursday 7:00am-6:00pm Fridays 7:00am-4:40pm Saturday: 8:00am-4:00pm **Citrus Park:** Monday - Friday 8:40am-4:40pm **South Tampa:** Monday - Thursday 7:00am-6:00pm Fridays 7:00am-4:40pm Saturday: 8:00am-2:40pm **Telecom:** Monday-Thursday 7:00am-6:00pm Friday: 7:00am-4:00pm Saturday: 8:00a-4:00pm

We make every attempt to be flexible with appointment times and can be reached at 813-978-9700, extension 7991. NOTE: For MRIs, MRI Arthrograms, CT w/o contrast, orders and authorizations must be received by Clinic prior to scheduling.

Florida Orthopaedic Institute complies with applicable Federal civil rights laws and is committed to ensuring that persons with disabilities, including persons who have hearing, vision, or speech disabilities, as well as persons of Limited English Proficiency (LEP), have an equal opportunity to participate in any of our services.

