Our Physicians

Our patients are the focus of all we do at Florida Orthopaedic Institute and our goal is to keep you active. We achieve this by providing you with the best orthopedic solutions for virtually every bone, joint, ligament and muscle in the body.

We are different from other orthopedic groups because our team of highly skilled, board certified physicians and surgeons has advanced training, which allows the highest standard of care. Our surgeons are also fellowship trained, which requires an additional year of study in the orthopedic subspecialties of hand, spine, joint replacement, shoulder and elbow, sports medicine, foot and ankle, and trauma. This expertise is invaluable for proper diagnosis and treatment, providing a level of care unattainable elsewhere in the Tampa Bay Area.

Our philosophy is to first try all appropriate nonsurgical methods to increase mobility and function. This may include medication, bracing, injections, physical and/or occupational therapy, or chiropractic services, all of which we provide. Then, and only then, do we suggest surgery.

We are also proud of our strong partnership with USF Health Morsani College of Medicine. In addition to my role as president and chief medical officer of Florida Orthopaedic Institute, I also chair USF’s Department of Orthopedic Surgery. Together, we can capitalize on our combined strengths and advance academic orthopedics. This combination assures our patients the finest orthopedic treatment and brings a substantial benefit to our community, patients, residents, students and faculty.

As one of Florida’s largest orthopedic groups, our mission is simple: to provide excellence in clinical outcomes and an exceptional patient experience, while in an environment that fosters growth through teaching, education and research in all aspects of musculoskeletal medicine.

Please let us know if there is anything we can do to further improve your experience. We look forward to serving you!

Sincerely,
Roy Sanders, M.D.
President and Chief Medical Officer
Our Physicians

Sheyan J. Armaghani, M.D.
Spine

Dr. Armaghani received his fellowship training in adult spinal surgery at the Emory University School of Medicine, widely considered one of the top spine fellowships in the country. He is board eligible by the American Board of Orthopedic Surgery. As a spine surgeon specializing in degenerative spine conditions, he has a particular interest in the causes and treatments of neck pain and back pain, although he treats all spinal disorders. Dr. Armaghani uses a nonsurgical approach and minimally invasive techniques.

Ellen Beatty, M.D.
Hand and Wrist

Dr. Beatty is board certified and fellowship trained by the American Board of Plastic Surgery and has received the certificate of added qualification in hand surgery. Dr. Beatty has treated patients in the Tampa Bay area for over 26 years and is a founding member of Florida Orthopaedic Institute. She has a special interest in the development and growth of the upper extremities, and has published journal articles and textbook chapters on the origin of arm structures.

Christopher E. Baker, M.D.
Sports Medicine, Shoulder and Elbow

Dr. Baker is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in sports medicine and shoulder reconstruction surgery. With a focus on patient education, he works with patients to ensure they fully understand their orthopedic options and outcomes. His additional training in ultrasound imaging allows him to care and diagnose his patients who have MRI contraindications due to pacemakers, foreign metal in their bodies or severe claustrophobia.

Thomas L. Bernasek, M.D.
Adult Reconstruction and Arthritis, Hip and Knee

Dr. Bernasek is board certified and fellowship trained by the American Board of Orthopaedic Surgery and specializes in joint replacement and minimally invasive hip surgery. Dr. Bernasek has treated patients in the Tampa Bay area for over 25 years and is a founding member of Florida Orthopaedic Institute. He is national and internationally known as an expert in joint replacement with vast experience in total hip and knee replacement.

Steven Barna, M.D.
Interventional Spine and Regenerative Medicine

Dr. Barna is board certified and fellowship trained in interventional pain and specializes in conservative and nonsurgical minimally invasive spine care. With a focus on diagnosing, treating and coordinating multidisciplinary care, Dr. Barna treats patients with acute and chronic spinal conditions, including spinal stenosis, herniated disc and degenerative disc disease. He also has extensive training in stem cell therapy which is ideal for treating lower back and neck pain as well as joint pain due to osteoarthritis.

Michael P. Clare, M.D.
Foot and Ankle

Dr. Clare is board certified by the American Board of Orthopaedic Surgery and specializes in post-trauma reconstruction and foot and ankle surgery. Dr. Clare received a fellowship in foot and ankle surgery and lower extremity reconstruction from Florida Orthopaedic Institute and Tampa General Hospital and now serves as the Director of Education for the Florida Orthopaedic Institute Foot and Ankle Fellowship Program.
**Our Physicians**

**Thomas M. Davison, M.D.**  
**General Orthopedics**  
**Shoulder and Elbow, Regenerative Medicine**

Dr. Davison is board certified by the American Board of Orthopaedic Surgery and specializes in general orthopedics. After attending Princeton University and the University of Pennsylvania, he moved to the Tampa area where he has treated patients seeking orthopedic care for over 30 years. He has served as Chief of Staff at Brandon Hospital and currently serves on their Board of Trustees.

**Eddy L. Echols, Jr., M.D.**  
**General Orthopedics**  
**Shoulder and Elbow, Regenerative Medicine**

Dr. Echols is board certified in orthopedic surgery by the American Board of Orthopaedic Surgery and has fellowship training in shoulder and elbow surgery. Prior to joining Florida Orthopaedic Institute, Dr. Echols served on active duty in the United States Navy, attaining the rank of commander. Dr. Echols has authored research publications and presentations in the areas of hand, elbow, and Achilles tendon ruptures. He continues to be actively involved in research.

**Timothy C. Epting, D.O.**  
**Foot and Ankle**

Dr. Epting is fellowship trained in orthopedic foot and ankle surgery and is board certified by the American Board of Orthopedic Surgery. He focuses on injuries and disorders of the foot and ankle, as well as general orthopedic conditions. Prior to joining Florida Orthopaedic Institute, Dr. Epting served as an orthopedic surgeon in Operation Enduring Freedom in Afghanistan, followed by three years as both an attending orthopaedic surgeon at the Naval Hospital Jacksonville and the coordinator for orthopaedic education of the Family Medicine Residency Program.

**Mark A. Frankle, M.D.**  
**Shoulder and Elbow, Hand and Wrist**

Dr. Frankle is board certified by the American Board of Orthopaedic Surgery and specializes in shoulder and elbow surgery. With a focus on research, Dr. Frankle serves as the director of the Biomechanical Shoulder and Elbow Research Lab at the University of South Florida College of Engineering and is the director of the annual course, Current Concepts in Shoulder and Elbow Surgery.

**Michael J. Garcia, M.D.**  
**Hand and Wrist, Shoulder and Elbow**

Dr. Garcia is board certified by the American Board of Orthopaedic Surgery and has an additional certificate of added qualifications in hand surgery. He is also fellowship trained in hand and upper extremity surgery from Brigham and Women's Hospital and is a member of the American Academy of Orthopaedic Surgeons and the American Society for Surgery of the Hand.

**Grant G. Garlick, M.D.**  
**Adult Reconstruction and Arthritis, Sports Medicine, Regenerative Medicine, Hip and Knee**

Dr. Garlick is board certified in orthopedic surgery by the American Board of Orthopaedic Surgery and is fellowship trained in sports medicine. He specializes in sports related injuries and joint replacements, including complex cartilage restoration, ligament reconstruction and joint resurfacing and replacement. Dr. Garlick is trained in robotic surgery, navigation, arthroscopy and minimally invasive surgery for knee replacement and stem cell therapy.
Our Physicians

**Seth I. Gasser, M.D.**  
Sports Medicine, Regenerative Medicine, Knee, Shoulder and Elbow

Dr. Gasser is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in sports medicine. He also specializes in knees, shoulders, elbows and regenerative medicine, using stem cells and platelet rich plasma therapy. He is Vice President of Florida Orthopaedic Institute, Director of Sports Medicine, President/Medical Director of the Institute’s Surgery Center, Clinical Assistant Professor at the University of South Florida and Adjunct Professor of Exercise Science at the University of Tampa.

**Christopher W. Grayson, M.D.**  
Adult Reconstruction and Arthritis, Hip and Knee

Dr. Grayson is board eligible by the American Board of Orthopedic Surgery and is fellowship trained in adult reconstruction and has authored research on arthroplasty and joint replacement. Dr. Grayson focuses on painful or infected total joints and partial knee replacements, and he specializes in same-day total joint replacement surgery. Dr. Grayson has authored research on arthroplasty and joint replacement.

**Kenneth A. Gustke, M.D.**  
Adult Reconstruction and Arthritis, Hip and Knee

Dr. Gustke is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in adult reconstruction, arthritis surgery and hip and knee care. Dr. Gustke is renowned on the national and international level for his pioneering efforts in joint replacement surgery implant design and surgical technique. He is the co-designer of eight total hip replacement implants and a complete total knee replacement system which includes four different types of total knee implants. He is a founding member and past president of Florida Orthopaedic Institute.

**Dolfi Herscovici, Jr., D.O.**  
Foot and Ankle, Orthopedic Trauma

Dr. Herscovici is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in trauma and post-traumatic reconstruction. In addition to his trauma and post-traumatic reconstruction practice, Dr. Herscovici is a nationally recognized lecturer in the care of diseases and injuries of the foot and ankle. In 2004, Dr. Herscovici was awarded the Winquist Cup, voted on by doctors in training as being the best lab course at the Orthopaedic Trauma Association meeting.

**Alfred V. Hess, M.D.**  
Hand and Wrist, Shoulder and Elbow, Regenerative Medicine

Dr. Hess is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in hand surgery. In addition, he has earned the Certificate of Added Qualification of Hand Surgery. He is a member of the American Academy of Orthopaedic Surgeons and the American Society for Surgery of the Hand. For 20 years he has been seeing patients at Florida Orthopaedic Institute specializing in disorders of the upper extremities, is an active participant in the trauma service at Tampa General Hospital, in addition to the Director of Hand Surgery at Shriners Hospital.

**Anthony F. Infante, D.O.**  
General Orthopedics, Orthopedic Trauma, Hip and Knee

Dr. Infante is board certified by the American Board of Orthopaedic Surgery and specializes in trauma and general orthopedics. Following residency training at Ohio University College of Osteopathic Medicine, Dr. Infante completed fellowships in the treatment of musculoskeletal trauma and post-traumatic reconstruction. Dr. Infante continues to treat complicated fractures, trauma to the extremities and pelvis, post traumatic and osteoarthritis.
Our Physicians

**Howard B. Jackson, M.D.**  
**Interventional Spine**

Dr. Jackson is board certified and fellowship trained in physical medicine and rehabilitation by the American Board of Physical Medicine and Rehabilitation and specializes in conservative and nonsurgical spine care. With a focus on diagnosing, treating and coordinating multidisciplinary care, Dr. Jackson treats patients with acute and chronic spine conditions, including spinal stenosis, herniated disc and degenerative disc disease.

**Steven T. Lyons, M.D.**  
**Adult Reconstruction and Arthritis, Hip and Knee, Regenerative Medicine**

Dr. Lyons is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in joint replacement and adult reconstruction. As a nationally and internationally recognized expert in joint replacement care, Dr. Lyons has been instrumental in the advancement of joint replacement and arthritis surgery. He has been chosen as a member in “Who’s Who in Orthopedics” for orthopedic surgery.

**Benjamin J. Maxson, D.O.**  
**Orthopedic Trauma**

Dr. Maxson is fellowship trained in orthopedic trauma and board eligible by the American Board of Orthopaedic Surgery. He focuses on a holistic approach to patient care, focusing on orthopedic trauma as well as general orthopedics. Dr. Maxson specializes in treating complex fractures, correction of limb deformity and a variety of other common orthopedic complaints. Dr. Maxson has authored articles on upper extremity injury, repair and treatment.

**Hassan R. Mir, M.D.**  
**Orthopedic Trauma**

Dr. Mir is fellowship trained in orthopedic traumatology and post-traumatic reconstruction and is board certified by the American Board of Orthopedic Surgery. Dr. Mir focuses on care of the poly-traumatized patient, pelvic and acetabular fractures and complex periarticular fractures. Prior to joining Florida Orthopaedic Institute, Dr. Mir served as Associate Professor of Orthopaedics and Rehabilitation at Vanderbilt University, as well as medical director of finance at the Vanderbilt Orthopaedic Institute.

**Mark A. Mighell, M.D.**  
**Shoulder and Elbow, Regenerative Medicine**

Dr. Mighell is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in shoulder and elbow surgery. As co-director of the shoulder and elbow department and fellowship program at Florida Orthopaedic Institute, Dr. Mighell works with fellows who are seeking experience and exposure to the entire spectrum of shoulder and elbow disorder. Dr. Mighell is an active member of the Orthopaedic Trauma Association and American Shoulder and Elbow Surgeons.

**Michael A. Miranda, D.O.**  
**Adult Reconstruction and Arthritis, Hip and Knee**

Dr. Miranda is board certified by the American Osteopathic Board of Orthopaedic Surgery and is fellowship trained in adult reconstruction of the hip and knee, including primary and revision surgery. With a focus on providing patients with minimally invasive surgery of the hip and knee, Dr. Miranda utilizes robotic surgery and specializes in arthroscopic surgery of the hip and knee.
Our Physicians

**Adam C. Morse, D.O.**
**Sports Medicine, Hip and Knee, Shoulder and Elbow**

Dr. Morse is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in sports medicine, knee, shoulder and elbow care. With a passion for assisting others, he serves as a clinical examiner with the American Board of Orthopedic Surgery for surgeons seeking board certification and offers orthopedics and sports medicine training to medical students, interns, residents and fellows. An advocate for sports medicine care, Dr. Morse has served as a team physician for the Tampa Bay Lightning and the Tampa Bay Storm.

**Jason Nydick, D.O.**
**Hand and Wrist, Shoulder and Elbow**

Dr. Nydick is board certified by the American Board of Orthopedic Surgery and is fellowship trained in hand surgery. He specializes in disorders of the upper extremity. He holds particular interest care and soft tissue reconstruction in the hand, wrist, elbow and shoulder. Dr. Nydick serves as an associate editor for the Journal of Hand Surgery and shares his professional knowledge reviewing orthopedic content for several journals.

**Brian Palumbo, M.D.**
**Adult Reconstruction and Arthritis, Hip and Knee**

Dr. Palumbo is board certified by the American Board of Orthopaedic Surgery and is fellowship trained in adult reconstructive surgery. With a focus on diagnosing and treating hip and knee arthritis and its affects, Dr. Palumbo treats patients with a spectrum of conditions including extremity fractures, back complaints, sport related injuries and general musculoskeletal issues. Specific clinical interests include painful/infected hip and knee replacements, primary hip arthroplasty (anterior approach) and unicompartmental knee arthroplasty.

**Ioannis P. Pappou, M.D., PHD.**
**Hand and Wrist, Shoulder and Elbow**

Dr. Pappou is board certified in orthopedics by the American Board of Orthopaedic Surgery and is dual fellowship trained in hand, wrist, shoulder and elbow surgery and microvascular surgery. With a focus on patient education, Dr. Pappou works with patients to make a joint decision regarding treatment. Additionally, Dr. Pappou is a member of the American Association of Orthopaedics and the American Association for Hand Surgery.

**John D. Ramirez, Jr., D.C.**
**Chiropractic Services**

Dr. Ramirez is board certified by the National Board of Chiropractic Examiners. He holds a bachelor’s degree in Biomedical Sciences from the University of South Florida and his Doctorate of Chiropractic from Palmer College of Chiropractic in Port Orange, Fl. He attained additional education in Functional Neurology from Carrick Institute for Graduate Studies, in Electrodiagnostics from the Neuro Diagnostics Institute and completed his preceptorship at the Florida Orthopaedic Institute under Dr. Reina. Additionally, Dr. Ramirez is a certified functional training specialist and a certified personal trainer.

**David A. Reina, D.C.**
**Chiropractic Services**

Dr. Reina is board certified by the National Board of Chiropractic Examiners and specializes in chiropractic services. Dr. Reina’s primary interests are in noninvasive pain management, restoration of function utilizing manual medicine and chiropractic techniques. As co-director of the Orthopedic Total Wellness Program at Florida Orthopaedic Institute, Dr. Reina incorporates the training of functional and manual medicine with traditional orthopedics.
Our Physicians

**Donna A. Saatman, M.D.**  
**Spine**

Dr. Saatman is board certified by the American Board of Neurological Surgery and fellowship trained in neurosurgical oncology. She specializes in the surgical treatment of adult degenerative spine and peripheral nerve disease. After graduating as the first female resident from the University of South Florida’s neurosurgery program, Dr. Saatman provided unsurpassed patient care for ten years at a private clinic in Brandon, Florida, where she served as president and chief neurosurgeon. Dr. Saatman currently performs spine surgery at Brandon Regional Hospital.

**Roy W. Sanders, M.D.**  
**Foot and Ankle, Orthopedic Trauma, Regenerative Medicine**

Dr. Sanders is president of Florida Orthopaedic Institute and is nationally and internationally recognized for his work in orthopedic trauma and foot and ankle surgery. As Florida Orthopaedic Institute’s Director of Orthopaedic Trauma Service, Dr. Sanders oversees the treatment of fractures, dislocations and problems associated with them, including persistent deformities, arthritis and bone infections. He is also the chief of Department of Orthopaedics, Tampa General Hospital and chairman of the Department of Orthopedic Surgery at USF Health’s Morsani College of Medicine.

**Jeff Sellman, M.D.**  
**Primary Care Sports Medicine, Regenerative Medicine**

Dr. Sellman is board certified in family medicine by the American Board of Family Medicine and board certified in primary care sports medicine. As an advocate for concussion prevention, Dr. Sellman is a certified ImPACT consultant and specializes in general and primary care sports medicine. He currently holds a position at the University of Tampa with the athletic training department and is a past member of the American Medical Society for Sports Medicine and the American Academy of Family Physicians.

**Anjan R. Shah, M.D.**  
**Orthopedic Trauma**

Dr. Shah is board certified by the American Academy of Orthopaedic Surgery and fellowship trained in orthopedic trauma surgery and specializes in complex peri-articular and poly-trauma injuries. Prior to joining Florida Orthopaedic Institute, Dr. Shah was instrumental in developing an orthopedic trauma service on Florida’s Treasure Coast. This team of trauma surgeons provides expert care for patients with severe musculoskeletal injuries.

**John M. Small, M.D.**  
**Spine**

Dr. Small is board certified by the American Board of Orthopaedic Surgery and specializes in spine surgery. After completing a residency in orthopedic surgery at the University of Texas Southwestern Medical Center in Dallas, Dr. Small completed a spine fellowship at the renowned Kerlan Jobe Orthopaedic Clinic in Los Angeles, California. Dr. Small has received comprehensive spine training involving the cervical, thoracic and lumbar spine.

**Jeffrey D. Stone, M.D.**  
**Hand and Wrist, Shoulder and Elbow, Regenerative Medicine**

Dr. Stone is board certified by the American Board of Orthopaedic Surgery and specializes in hand, wrist, elbow, shoulder and microsurgery and has received a certificate of added qualification in hand surgery. Dr. Stone completed his fellowship training in hand, upper extremity and microvascular surgery. Dr. Stone serves as an affiliate assistant professor at the University of South Florida in the division of plastic surgery and the division of orthopaedic surgery.
Marc A. Weinstein, M.D.  
Spine

Dr. Weinstein is board certified by the American Board of Orthopaedic Surgery and specializes in spinal surgery. Dr. Weinstein received a fellowship in spine research from the Hospital for Special Surgery and a fellowship in spine surgery from Jackson Memorial Hospital. He has published numerous research papers in both peer reviewed medical journals and textbooks, and has lectured at national and international spine meetings. His special interests are in cervical spine surgery.

Seung Jin Yi, M.D.  
Sports Medicine, Hip and Knee, Shoulder and Elbow, Regenerative Medicine

Dr. Yi is board eligible by the American Board of Orthopaedic Surgery and fellowship trained in sports medicine. He specializes in shoulder, hip and knee surgery with an emphasis on conservative nonsurgical treatment when possible. Prior to joining Florida Orthopedic Institute, Dr. Yi assisted and trained with team physicians for the NFL Chicago Bears, MLS Chicago Fire, Chinese Olympic Volleyball Team, University of Chicago, Kent State University and Akron University.

Syed M. Zaffer, M.D.  
Rehabilitation and Physical Medicine

Dr. Zaffer is fellowship trained and board certified by the American Board of Orthopaedic Surgery in physical medicine and rehabilitation. He is also board certified by the American Board of Electrodiagnostic Medicine in electromyography. A physiatrist with more than 16 years of pain management and rehabilitation experience, Dr. Zaffer utilizes his extensive knowledge to educate patients about the options available, including treatment with nonsurgical and interventional pain techniques. Formerly, he was the medical director of a private practice with outpatient physical medicine, rehabilitation and electrodiagnostic medicine.
Locations

**Bloomingdale**
(Therapy & Chiropractic Service Only)
1586 Bloomingdale Avenue
Valrico, FL 33596

**Brandon**
305 East Brandon Boulevard
Brandon, FL 33511

**Brooksville**
(Clinic Only)
11373 Cortez Boulevard, Suite 303
Brooksville, FL 34613

**Citrus Park**
6117 Gunn Highway
Tampa, FL 33625

**North Tampa - Main Office**
13020 Telecom Parkway North
Tampa, FL 33637

**Northdale**
(Therapy & Chiropractic Service Only)
3618 Madaca Lane
Tampa, FL 33618

**Palm Harbor**
36413 US Hwy 19 North
Palm Harbor, FL 34684

**South Tampa and Orthopaedic Urgent Care**
909 N. Dale Mabry Highway
Tampa, FL 33609

**Sun City Center**
959 Del Webb Boulevard East
Sun City Center, FL 33573

**Wesley Chapel**
2653 Bruce B. Downs Boulevard, Suite 201
Wesley Chapel, FL 33544

FloridaOrtho.com (800) FL-ORTHO

Florida Orthopaedic Institute complies with applicable Federal civil rights laws and is committed to ensuring that persons with disabilities, including persons who have hearing, vision, or speech disabilities, as well as persons of Limited English Proficiency (LEP), have an equal opportunity to participate in any of our services.