Welcome

Our patients are the focus of all we do at Florida Orthopaedic Institute and our goal is to keep you active. We achieve this by providing you with the best orthopedic solutions for virtually every bone, joint, ligament and muscle in the body. We are different from other orthopedic groups because our team of highly skilled, board certified physicians and surgeons has advanced training, which allows the highest standard of care. Our surgeons are also fellowship trained, which requires an additional year of study in the orthopedic subspecialties of hand, spine, joint replacement, shoulder and elbow, sports medicine, foot and ankle, and trauma. This expertise is invaluable for proper diagnosis and treatment, providing a level of care unattainable elsewhere in the Tampa Bay Area.

Our philosophy is to first try all appropriate nonsurgical methods to increase mobility and function. This may include medication, bracing, injections, physical and/or occupational therapy, or chiropractic services, all of which we provide. Then, and only then, do we suggest surgery.

We are also proud of our strong partnership with USF Health Morsani College of Medicine. In addition to my role as president and chief medical officer of Florida Orthopaedic Institute, I also chair USF’s Department of Orthopedic Surgery. Together, we can capitalize on our combined strengths and advance academic orthopedics. This combination assures our patients the finest orthopedic treatment and brings a substantial benefit to our community, patients, residents, students and faculty.

As one of Florida’s largest orthopedic groups, our mission is simple: to provide excellence in clinical outcomes and an exceptional patient experience, while in an environment that fosters growth through teaching, education and research in all aspects of musculoskeletal medicine.

Please let us know if there is anything we can do to further improve your experience. We look forward to serving you!

Sincerely,
Roy Sanders, M.D.
President and Chief Medical Officer

Locations

Bloomingdale
(Therapy & Chiropractic Service Only)
1586 Bloomingdale Avenue
Valrico, FL 33596

Brandon
305 East Brandon Boulevard
Brandon, FL 33511

Brooksville
(Clinic Only)
11373 Cortez Boulevard, Suite 303
Brooksville, FL 34613

Citrus Park
6117 Gunn Highway
Tampa, FL 33625

North Tampa - Main Office
13020 Telecom Parkway North
Tampa, FL 33637

Northdale
(Therapy & Chiropractic Service Only)
3618 Madaca Lane
Tampa, FL 33618

Palm Harbor
36413 US Hwy 19 North
Palm Harbor, FL 34684

South Tampa and Orthopaedic Urgent Care
909 N. Dale Mabry Highway
Tampa, FL 33609

Sun City Center
959 Del Webb Boulevard East
Sun City Center, FL 33573

Wesley Chapel
2653 Bruce B. Downs Boulevard, Suite 201
Wesley Chapel, FL 33544

FloridaOrtho.com (800) FL-ORTHO
In line with an ongoing mission to set the highest standards for orthopedic excellence, Florida Orthopaedic Institute has integrated the science and art of chiropractic services within our medical model of care to create an innovative program called Orthopaedic Total Wellness.

Orthopaedic Total Wellness is a progressive program that incorporates the training of functional and manual medicine with traditional orthopedics. Rarely found in traditional orthopedic care, this compliment of services provides patients with a unique and individualized experience.

Working in collaboration with our medical and surgical teams, Orthopaedic Total Wellness offers patients a conservative set of options that have been effective in treating and preventing musculoskeletal conditions, without the use of medication or surgery.

The Multidimensional Role of the Orthopaedic Total Wellness Chiropractor

From traditional chiropractic techniques to complex, functional problem solving, Florida Orthopaedic Total Wellness program functions as a link between medication and surgery by delivering an array of expertise as follows:

- Non-surgical and drugless conservative care.
- Identification of diagnosis and referral to an internal specialist, if applicable.
- Education associated with the future prevention of reoccurrence of the condition.
- Seamless continuum of care between physical therapy and orthopedics.
- Early detection of orthopedic dysfunction within the body.
- Long term drugless pain management.

Orthopaedic Total Wellness chiropractors are extensively trained in neurology and orthopedics and are accomplished at diagnosing and treating a variety of conditions including, but not limited to, the following:

- Upper, Mid, and Lower Back Pain, Stiffness, & Injuries.
- Neck Pain & Stiffness.
- Shoulder Pain.
- Arm and Leg Pain.
- Hip Pain.
- Knee Pain.
- Foot and Ankle Pain.
- Numbness/Tingling.
- Carpal Tunnel.
- Headaches.
- Vertigo/Balance Disorders.
- Sports Injuries.
- Auto Accident Injuries.

Functional Medicine

Orthopedic conditions can be particularly complex and encompass many factors such as overall health, nutrition, conditioning, psychosocial wellbeing and neurological integrity. Florida Orthopaedic Institute’s Orthopaedic Total Wellness program specializes in treatment from a whole person perspective with a goal of defining and correcting the cause of the condition while caring for the patient.