

Welcome

Locations

Orthopaedic Total Wellness Program



Our patients are the focus of all we do at Florida Orthopaedic Institute and our goal is to keep you active. We achieve this by providing you with the best orthopedic solutions for virtually every bone, joint, ligament and muscle in the body.

We are different from other orthopedic groups because our team of highly skilled, board certified physicians and surgeons has advanced training, which allows the highest standard of care. Our surgeons are also fellowship trained, which requires an additional year of study in the orthopedic subspecialties of hand, spine, joint replacement, shoulder and elbow, sports medicine, foot and ankle, and trauma. This expertise is invaluable for proper diagnosis and treatment, providing a level of care unattainable elsewhere in the Tampa Bay Area.

Our philosophy is to first try all appropriate nonsurgical methods to increase mobility and function. This may include medication, bracing, injections, physical and/or occupational therapy, or chiropractic services, all of which we provide. Then, and only then, do we suggest surgery.

We are also proud of our strong partnership with USF Health Morsani College of Medicine. In addition to my role as president and chief medical officer of Florida Orthopaedic Institute, I also chair USF's Department of Orthopedic Surgery. Together, we can capitalize on our combined strengths and advance academic orthopedics. This combination assures our patients the finest orthopedic treatment and brings a substantial benefit to our community, patients, residents, students and faculty.

As one of Florida's largest orthopedic groups, our mission is simple: to provide excellence in clinical outcomes and an exceptional patient experience, while in an environment that fosters growth through teaching, education and research in all aspects of musculoskeletal medicine.

Please let us know if there is anything we can do to further improve your experience. We look forward to serving you!

Sincerely,
Roy Sanders, M.D.
President and Chief Medical Officer

Bloomingdale

(Therapy & Chiropractic Service Only)
1586 Bloomingdale Avenue
Valrico, FL 33596

Brandon

305 East Brandon Boulevard
Brandon, FL 33511

Brooksville

(Clinic Only)
11373 Cortez Boulevard, Suite 303
Brooksville, FL 34613

Citrus Park

6117 Gunn Highway
Tampa, FL 33625

North Tampa - Main Office

13020 Telecom Parkway North
Tampa, FL 33637

Northdale

(Therapy & Chiropractic Service Only)
3618 Madaca Lane
Tampa, FL 33618

Palm Harbor

36413 US Hwy 19 North
Palm Harbor, FL 34684

South Tampa and Orthopaedic Urgent Care

909 N. Dale Mabry Highway
Tampa, FL 33609

Sun City Center

959 Del Webb Boulevard East
Sun City Center, FL 33573

Wesley Chapel

2653 Bruce B. Downs Boulevard, Suite 201
Wesley Chapel, FL 33544



FloridaOrtho.com (800) FL-ORTHO



Your Orthopaedic Total Wellness Physicians

Our Orthopaedic Total Wellness Program



DAVID A. REINA, D.C.
CHIROPRACTIC SERVICES

Dr. Reina is board certified by the National Board of Chiropractic Examiners and specializes in chiropractic services. Dr. Reina's primary interests are in noninvasive pain management, restoration of

function utilizing manual medicine and chiropractic techniques. At the Orthopaedic Total Wellness Program at Florida Orthopaedic Institute, Dr. Reina incorporates the training of functional and manual medicine with traditional orthopedics.

Locations: Northdale Therapy Office and South Tampa Office



JOHN D. RAMIREZ, JR., D.C.
CHIROPRACTIC SERVICES

Dr. Ramirez is board certified by the National Board of Chiropractic Examiners. He holds a bachelor's degree in Biomedical Sciences from the University of South

Florida and his Doctorate of Chiropractic from Palmer College of Chiropractic in Port Orange, FL. He attained additional education in Functional Neurology from Carrick Institute for Graduate Studies, in Electrodiagnostics from the Neuro Diagnostics Institute and completed his preceptorship at the Florida Orthopaedic Institute under Dr. Reina. Additionally, Dr. Ramirez is a certified functional training specialist and a certified personal trainer.

Locations: Bloomingdale Therapy Office and Wesley Chapel Office

Florida Orthopaedic Institute complies with applicable Federal civil rights laws and is committed to ensuring that persons with disabilities, including persons who have hearing, vision, or speech disabilities, as well as persons of Limited English Proficiency (LEP), have an equal opportunity to participate in any of our services.

In line with an ongoing mission to set the highest standards for orthopedic excellence, Florida Orthopaedic Institute has integrated the science and art of chiropractic services within our medical model of care to create an innovative program called Orthopaedic Total Wellness.

Orthopaedic Total Wellness is a progressive program that incorporates the training of functional and manual medicine with traditional orthopedics. Rarely found in traditional orthopedic care, this compliment of services provides patients with a unique and individualized experience.

Working in collaboration with our medical and surgical teams, Orthopaedic Total Wellness offers patients a conservative set of options that have been effective in treating and preventing musculoskeletal conditions, without the use of medication or surgery.

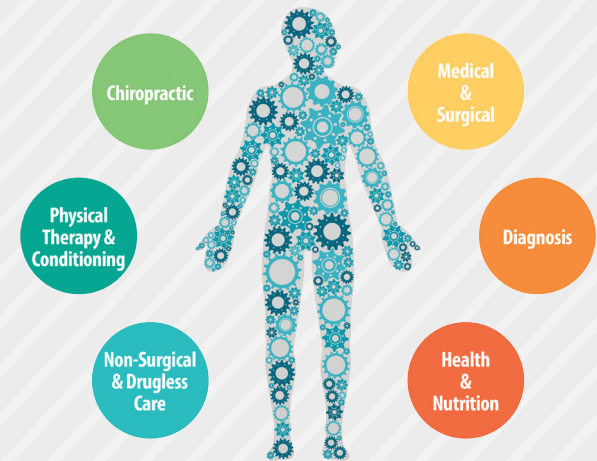
The Multidimensional Role of the Orthopaedic Total Wellness Chiropractor

From traditional chiropractic techniques to complex, functional problem solving, Florida Orthopaedic Total Wellness program functions as a link between medication and surgery by delivering an array of expertise as follows:

- Non-surgical and drugless conservative care.
- Anatomically-based functional diagnosis of the patient's condition.
- Identification of diagnosis and referral to an internal specialist, if applicable.
- Education associated with the future prevention of reoccurrence of the condition.
- Seamless continuum of care between physical therapy and orthopedics.
- Early detection of orthopedic dysfunction within the body.
- Long term drugless pain management.

Orthopaedic Total Wellness chiropractors are extensively trained in neurology and orthopedics and are accomplished at diagnosing and treating a

Orthopaedic Total Wellness



variety of conditions including, but not limited to, the following;

- Upper, Mid, and Lower Back Pain, Stiffness, & Injuries.
- Neck Pain & Stiffness.
- Shoulder Pain.
- Arm and Leg Pain.
- Hip Pain.
- Knee Pain.
- Foot and Ankle Pain.
- Numbness/Tingling.
- Carpal Tunnel.
- Headaches.
- Vertigo/Balance Disorders.
- Sports Injuries.
- Auto Accident Injuries.

Functional Medicine

Orthopedic conditions can be particularly complex and encompass many factors such as overall health, nutrition, conditioning, psychosocial wellbeing and neurological integrity. Florida Orthopaedic Institute's Orthopaedic Total Wellness program specializes in treatment from a whole person perspective with a goal of defining and correcting the cause of the condition while caring for the patient.